



Read Us Online at
IslandSunNews.com

THE RIVER WEEKLY NEWS

FREE
Take Me
Home

Vol. 15, No. 37

From the Beaches to the River District downtown Fort Myers

SEPTEMBER 16, 2016

Indie Band Comes Home To Play At Art Center

The second of the Noteworthy Concert Series introduces a talented band with local roots, For A Season. The band's unique sound, along with featured brewery Old Soul Brewing Co., is a perfect pairing of blues and brews. For A Season will perform live on Friday, September 23 at the Sidney & Berne Davis Art Center (SBDAC), located in the historic downtown River District at 2301 First Street in Fort Myers.

For A Season is an indie folk, soul, rock and roll band hailing from Southwest Florida. Their music hails from rock backgrounds, gospel flavored vocals with a rootsy feel, and a blend of modern folk orchestration that also makes room for soul and country inflections.

For A Season opened for headliner Johnnyswim at the inaugural Tap &



For A Season

photo courtesy SBDAC

Tunes Craft Beer and Music Festival in January 2016. The band explains that they "exist to share the message of

them through music." The last four years have been spent touring and building up a fan base, including 1,000,000 views on YouTube.

In August 2015, For A Season released their first full length record, *I Will Wait*, which was recorded and produced by Rick Beato, who is best known for working with artists such as Needtobreathe, Parmalee, Shinedown and many other top names in the industry. *I Will Wait* gained radio play across the globe and opened the door for touring opportunities and shows with some of the top artists in the music industry, including two-time Grammy Award winning artist For King & Country and *American Idol* alumnus Colton Dixon.

General admission tickets are \$10 each. The season series cost is \$30, which also includes The Good Bad Kids on October 14 and Strange Arrangement on October 28. Doors open at 7 p.m. for pre-concert cocktails. The show begins at 8 p.m. Visit www.sbdac.com to purchase tickets or for more information.✱



David Acevedo, owner of DAAS Co-op Art Gallery & Gifts

photo courtesy SoCo Cultural District

New Monthly Evening Of Art And Culture Kicks Off October 8

The new SoCo Second Saturday, organized by the cultural venues committee of the SoCo Cultural District, will kick off on Saturday, October 8 starting at 5 p.m.

SoCo stands for South of Colonial, referring to Colonial Boulevard, which is one of the primary veins of the City of Fort Myers, connecting with the Memorial Bridge. This monthly event will attract attention to a renewed area of the city, where a number of cultural venues have found each other and joined forces.

Walk or ride from Broadway Palm Dinner Theatre, located in the Royal Palm Square to the Lee County Alliance for the Arts, DAAS Co-op Art Gallery & Gifts, the Union Artist Studios, the Gittleman Studios and Yoga Bird. Other studios

continued on page 6

Award-Winning Cinematographer Coming To Calusa Nature Center



Andy Brandy Casagrande IV filming sharks for the Discovery Channel

photo courtesy CNCP

The Calusa Nature Center and Planetarium (CNCP) will host its signature Return To Nature fundraiser on Saturday, October 1 from 7 to 10 p.m. (the evening begins at 6 p.m. for VIP guests) at the Concept Home of Dwayne Bergmann Interiors, located at 13733 Brynwood Lane in Fort Myers.

The guest speaker will be Andy Brandy Casagrande IV, the Discovery Channel's Emmy Award-winning cinematographer and producer, most famous for his filming of sharks, with footage seen throughout the channel's popular *Shark Week*. There will be a cocktail hour and photo opportunity with the cinematographer for VIP guests.

Also in program are wildlife presentations with birds of prey, Trouper the Blind Raccoon and other animal ambassadors, as well as a preview of CNCP's 2017-2020 Revitalization Plan. There will be food and drink, and silent and live auctions.

"The goal of the Return To Nature event is to excite the Southwest Florida

continued on page 13

Historic Downtown Fort Myers, Then And Now:

Caswell House On Jackson Street



by Gerri Reaves, PhD

Well into the 1920s, many family residences existed on Jackson Street between First and Second. The King, Carson, Pavese, Langford and Funck families were only a few who lived on the block in the mid-19-teens.

Kentucky natives Col. William M. and Elizabeth “Lizzie” Caswell were among the residents. Their house, pictured circa 1915, was located on the east side of Jackson where today’s Main Street ends.

It has an inviting look, despite the lack of foliage: a pretty white fence, big porch with a rocking chair and pot plant, and fluttering curtains in the upstairs window. Note the newspaper lying on the porch bench as if a reader will return momentarily.

The Caswell’s apparently first boarded in that house with widow Bessie (Mrs. LG) Thorp and her two children before buying it in December 1910 for \$650. It was one of many properties and land tracts they would buy and sell in the county.

Thorp, who originally owned much of the land in the neighborhood, then began operating her Thorp House boardinghouse on Lee Street.

Little is known about the Caswells, who seem to have left by around 1920. However, William Caswell was an early member of the Fort Myers Board of Trade, formed in 1903, and that indicates a strong interest in the community and the city’s development. That booster organization formed with the main purpose of bringing the railroad to Fort Myers.



The Col. William and Elizabeth Caswell house, pictured circa 1915, stood on Jackson Street at the foot of Main photo courtesy Southwest Florida Historical Society



Today, the Foxworthy Building occupies the former Caswell site

photo by Gerri Reaves

As the 1920s approached, family homes like the Caswell’s gradually yielded to commercial enterprises on that block.

The commercialization had begun in the early 19-teens, with the establishment of the highly successful Ben King’s Garage, which stood just north of today’s intersection of Jackson and Main.

But the most momentous change came late in 1920, when Peter Tonnelier extended Main, then called Oak Street, through to Jackson. He then commenced the construction of the Central Hotel, complete with individual storefronts on the ground floor.

Today, a city parking garage stands where the hotel once did.

Circa 1940, Boyd Clifton “BC” Foxworthy built Foxworthy Furniture on part of the footprint of the Caswell house. The Foxworthy Building, as it is now called, is an office building.

Today, only the Pavese house – just south of where the Caswell’s lived – reminds us of the block’s residential history. That historic home is now a law firm.

Walk down to the Jackson Street and imagine a quieter era before commerce (aka progress) displaced family homes.

If you want to know more about local history, you have places to visit.

The Southwest Florida Historical Society’s research center is an all-volunteer non-profit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit swflhistoricalsociety.org for more information.

Be sure to check out the Lee County Black History Society research center at 1936 Henderson Avenue and the nearby Williams Academy Museum at Roberto Clemente Park.

Hours for the all-volunteer non-profit organization are 10 a.m. to 4 p.m. Wednesday through Friday.

For more information, call 332-8778 or visit leecountyblackhistorysociety.org.

Sources: Archives of the Southwest Florida Historical Society and *Fort Myers Tropical News*. ✧

Independently Owned And Operated
COPYRIGHT 2016 The River Weekly News
LORKEN Publications, Inc.



Read Us Online: www.IslandSunNews.com



Publisher
Lorin Arundel

Advertising Sales
Bob Petcher
George Beleslin

**Graphic Arts/
Production**
Ann Ziehl
Amanda Hartman
Justin Wilder
Diane Wynocker

Reporters
Gerri Reaves, PhD
Jeff Lysiak

Contributing Writers

Jennifer Basey	Marion Hauser, MS, RD
Kimberley Berisford	Ross Hauser, MD
Suzy Cohen	Audrey Krienen
Ed Frank	Anne Mitchell
Jim George	Capt. Matt Mitchell
Shelley Greggs	Di Saggau
Tom Hall	

The River Weekly News will correct factual errors or matters of emphasis and interpretation that appear in news stories. Readers with news, tips, comments or questions, call 239-395-1213 or write to: The River Weekly News, 1640 Periwinkle Way, Suite 2, Sanibel FL 33957. FAX number: 239-395-2299. E-mail: press@riverweekly.com. E-mail: ads@riverweekly.com The River Weekly News reserves the right to refuse, alter or edit any editorial or advertisement.

Alliance Celebrates The Season With Festival In October



Live performances are part of Fall for the Arts

photos courtesy Alliance for the Arts

Celebrate the changing season with your family and friends during Fall for the Arts 2016 at the Alliance for the Arts on Saturday, October 15 from 10 a.m. to 3 p.m. The annual free family festival features live performances, games, arts and crafts stations, food trucks, face painting and other activities.

Arts organizations, theaters, galleries, museums and art schools will distribute information about their upcoming seasons. Local artists will demonstrate their techniques and sell their works. Area performance groups will dance, sing, play instruments and act in mini-performances on the outdoor amphitheater stage.

Participating organizations include: Acoustic Mistic Society of SWFL-Palmgrass.org, Art League of Fort Myers, ArtFest Fort Myers, Broadway Palm Dinner Theatre, Curtain Call Studios, Family Music Time, Florida Repertory Theatre, Fort Myers Symphonic Mastersingers, G-Force Dance Company, Gulf Coast Symphony, Gulf Coast Writers Association, Gulfshore Ballet, Human Trafficking Awareness Partnerships, Kellyn Celestic Dance Academy, Kurokawa Martial Arts, Midwest Cheer Elite Florida, North Fort Myers Academy for the Arts, Quality Life Center, Sidney and Berne Davis Art Center, Southwest Florida Symphony, SWFL Fine Craft Guild, and Symphonic Chorale of SWFL.

Participating artists include: Ananta Agarwal, Bob Young, Caren Pearson, The Crocagator, Damalijewelry, Geoff Coe, Good Luck Wishes Creations, Jigs Up Art (Jeanette Igoe), Karen Helms, Karen Perez, Marc Harris, Pamela Davis' Diverse Fine Art Studio, Patricia Germann, Surfside Ana Creation, and Susan MacIntire.

"Due in part to a grant from the National Endowment for the Arts, this year's event will be even bigger and better than ever," says Brandi Couse, director of operations and education. "Come meet your arts neighbors, spend the day and play."

Visit www.ArtnLee.org for more information.*



The festival is a family affair



Sakura Chinatown

Japanese & Chinese Restaurant

\$5 Off

\$30 or More

OR

\$10 Off

\$50 or More

Dine-In Only. Must Present Coupon. Not Valid with Other Offers. Exp. 09/30/16

239-332-0888 • 11am-10pm - Closed Mon.
15271 McGregor Blvd Suite 24
SakuraChinatownFortMyers.com



BAILEY-MATTHEWS
**NATIONAL
SHELL
MUSEUM**

SHELL CRAFTING EVERY AFTERNOON



TANK TALKS DAILY



Open Daily - 10am to 5pm
3075 Sanibel-Captiva Road, Sanibel, FL.
(239) 395-2233 - shellmuseum.org



**SEPTEMBER
MUSEUM
SPONSOR**



Fort Myers Art:

Rauschenberg's Transfer Solvent Print Profiled



by Tom Hall
An anonymous donor has promised to give Florida Gulf Coast University a transfer solvent print created by Robert Rauschenberg in 2001. It's titled *Page 21, Paragraph 3* and is part of

Rauschenberg's Short Stories series. Late in his career, Rauschenberg created a series of 7-by-5-foot paintings utilizing a process by which he transferred photographic images in pigment and vegetable dye onto a poly-laminate surface. He called the series Short Stories, and each painting in the 2001 set was arranged in a pre-determined sequence to create a visual story. The paintings' titles make reference to random page and paragraph numbers – for example, *Page 11, Paragraph 8* or *Page 21, Paragraph 3*. – as if it were part of a larger story. "The resultant effect is such that, upon encountering and 'reading' the composite work, the viewer feels as though he has been dropped into the middle of an unknown story," states the press release



Late Sanibel artist Robert Rauschenberg's *Page 21, Paragraph 3* transfer solvent print photo courtesy Art Southwest Florida

issued by New York's Pace Gallery for its April 4 to May 3, 2003 exhibition of Robert Rauschenberg Short Stories by You Are the Author. Rauschenberg amplified his intent in the statement he wrote to accompany the exhibition. "It can only be art, linger and wonder wherever your mind takes you," he wrote. "In this group of works there are no mistakes nor right, nor wrong. They are acronical of what you personally see or imagine. No tracks. No traces. Your story or dream and imagined or real

these are your personal treasures to share or keep secret, choose to expand your reality or live it in the future..." The print has not actually been donated yet. *Page 21, Paragraph 3* is significant in the context of Rauschenberg's overall body of work because it is one of his solvent transfer prints. Though it is debatable whether Rauschenberg was the first artist to create prints in this way, his transfers of newspaper articles and photographs to canvas broke the mold in mixed-media printmaking. The ability to transfer current events into fine art by lifting text and photographic images from newspapers and magazines enabled him to pioneer a revolutionary path from abstract expressionism to Pop Art. He is said to have discovered the process by accident in 1958. As the story goes, some solvent got spilled on some newspapers that were lying on a canvas. When he picked up the papers, he noticed that the newsprint and photographs had transferred onto the surface of the canvas. To anyone else, that would have been a nuisance. For Rauschenberg, it was an "aha" moment that he discerned could be the advent of an entirely new way to create art. With that, the discipline of transfer printmaking was born and it has since inspired generations of printmakers to find new ways to cause images to transfer to other supports and surfaces.

Though it all started with newspaper clippings, the most common forms of transfer printmaking today involve photocopies or laser printouts. These toner-based techniques seem to give the best results. The reason for this lies in the nature of the toner itself. Toner is comprised mostly of carbon and polymers or waxes that are sensitive to electrostatic charges. Through a complex process, these charged particles are attracted and then fused to the paper under heat and pressure. Different transfer techniques use varying approaches to undo this binding done by the polymers or waxes and create a new bond for the carbon (pigment) particles. Rauschenberg was born in Port Arthur, Texas on October 22, 1925. After serving in the military during World War II, he began studying art in 1947 at the Kansas City Art Institute. Toward the end of 1970, he tired of the art scene in New York and established his permanent residence and studio in Captiva Island, where he acquired 20 acres of the island to use as a workspace and serve as a nature preserve. *Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.**

FGCU Guest Artist Series Concerts



Kyle Szabo



Jason Bahr

photos courtesy FGCU

The Bower School of Music and the Arts at Florida Gulf Coast University (FGCU) will present Enchanting Violin as the first concert of the 2016-2017 Faculty & Guest Artist Series in the U.Tobe Recital Hall in the Music Building on Thursday, September 22 at 7:30 p.m. Violinist Kyle Szabo, the orchestra director in the Bower School of Music and the Arts, and Pianist Michael Baron, the head of keyboard studies, will perform sonatas by Beethoven, Poulenc and Martinu. They will be assisted by Brooke Williams Szabo on violin. While the Beethoven sonata is an acknowledged giant of the repertoire, the Poulenc and Martinu sonatas are rarely heard masterpieces. The second concert in the series is Bahrlines: The Music of Jason Bahr, which will be held on Tuesday, September 27 at 7:30 p.m. Performers include FGCU faculty members Troy Jones, percussion, and Kyle Szabo, violin, as well as local

continued on page 11

Synergy

Alex and Ani (+) ENERGY

MADE IN AMERICA WITH LOVE

Sanibel's only positively authorized dealer!

Synergy Tahitian Gardens • 1981 Periwinkle Way, Sanibel • 239-395-5353

Skid Row To Perform At Six Bends Harley-Davidson



Six Bends Harley-Davidson, in partnership with Nevermind Awesome Bar & Eatery, announced that Skid Row – renowned American heavy metal band – along with Cinder, will be performing back-to-back concerts at Six Bends on Friday, October 7 and at Nevermind on Saturday, October 8.

One of the biggest pop-metal or hair metal bands of the 1980s and 1990s, Skid Row is a multi-platinum band with a career stretching almost 30 years. The Six Bends concert on Friday will kick off the ScootinAmerica Homecoming Rally taking place all weekend in celebration of Adam Sandoval and his dog's two-year campaign to raise money for veterans by visiting every Harley-Davidson dealership in the continental United States. The concert at Nevermind on Saturday will be part of famed Cape Coral Bike Night.

The back-to-back concerts will both open at 6 p.m., with Cinder playing first. Tickets are on sale for \$15 each or a dual pack (one for each show) for \$25. VIP tickets are also available for \$75 which include a meet-and-greet with the bands as well as complimentary appetizers and beverages. Only 35 VIP tickets will be available per show. Six Bends concert tickets are available online at www.eventbrite.com/e/skid-row-concert-at-top-rocker-field-tickets-27305449334. Nevermind concert tickets are available online www.eventbrite.com/e/skid-row-concert-at-cape-coral-bike-night-tickets-27314657877.

Craft Beer Festival To Benefit McDonald House

Craft beer enthusiasts will tap in to over 60 brews to benefit Ronald McDonald House Charities of Southwest Florida at the 5th annual Brew-Ha-Ha Craft Beer Festival on Saturday, October 22 at Mercato in Naples.

This year's roster provides an opportunity for the legal-drinking-aged public to taste a substantial representation of beers courtesy of Coastal Beverage with a spotlight on Florida Breweries. We will be pouring: Big Storm, Shipyard, 3 Daughters, Islamorada, Naples Beach and Green Flash, just to name a few. Visitors can enjoy an evening of craft beer tasting, rare and limited release Power Hours, stein holding contests and live music by Rockin' Horse.

The festival will take place on the lawn across from The Pub. Gates open at 5 p.m., with unlimited beer tastings available until 8 p.m. Tickets are on sale now for \$35 at www.brewhahamercato.com or \$40 at the gate. Advance ticket holders will enjoy access starting at 4 p.m. Purchase tickets by October 1 for a chance to win a \$500 Mercato Experience Package. A VIP Brewmaster's Ticket is available for \$60 and includes front-of-the-line access to all beer tents, keepsake light-up mug, and unlimited bottled water and soda. Lawn chairs, blankets and well behaved pets are welcome. Participating Mercato restaurants will serve menu items for purchase. No coolers or outside food will be permitted.

For more information and newly added breweries, visit www.brewhahamercato.com, www.facebook.com/RMHCswflorida or call Shannon at 437-0202. Sponsorship opportunities are available.✱

Halloween Pet Parade And Fresh Market

The 6th annual Positively Awesome Howl'Oween Pet Parade and Artisan/Fresh Market will be staged on Saturday, October 29 between 9 a.m. and 2 p.m. at Santini Marina Plaza, located at 7225 Estero Boulevard on Fort Myers Beach.

Pet registration is open from 10 to 10:30 a.m. next to the DJ booth. The pet parade will begin at 11 a.m. with the world famous clown team of Jesse and Vinnie Titus and kazoo master Mark List in the lead.

All event attendees are invited to come by the DJ booth to cast your vote for

the People's Choice Award; there will be a voter/judge's viewing from 10:30 to 10:45 a.m. at the DJ booth.

Gift certificates and very special pet awards will be presented in the following categories:

- Best Costumed Pet
- Best Costumed Pet and Owner
- Outstanding Parade "Float" of Decorated Stroller and Costumed Pet
- People's Choice

The Santini Fresh Produce Market will feature more than 30 handmade artisan vendors including Bonez Brothers BBQ, Francesco's Italian Deli, Skye's Mexican Restaurant, Truly Scrumptious and more. An optional donation is requested of dog and cat food and supplies for Find A Home, Give A Home, a Fort Myers Beach pet rescue and adoption team.✱

Pirate Adventure For Kids This Saturday

Print-sized pirates are invited to set sail for a swashbuckling adventure with The KidX Club at Edison Mall this Saturday, September 17 from 11 a.m. to 1 p.m. Edison Mall is located at 4125 Cleveland Avenue in Fort Myers.

Join the kindly colorful rogues from Salty Sam's Pirate Cruise as they spin incredulous tales from the seven seas and lead ocean-themed fun, games and crafts in celebration of International

Talk Like A Pirate Day. Little tykes are encouraged to don their best buccaneer breeches, boots and eye patches to get into the spirit.

Edison Mall's KidX Club is a free program for children featuring activities that invite them to explore the world. The purpose of these events is for members to have fun, playful and educational experiences. Whether it's expression through art, safety or fitness activities, the KidX Club brings enriching events to members and their families that inspire them to explore, experience and excel.

The event is presented by Palmer Preschool and Salty Sam's Pirate Cruise. For more information, call 939-5464 or visit shopedisonmall.com. ✱

WOMEN'S CLOTHING

MEN'S CLOTHING

SHOES

JEWELRY

HOME DÉCOR

TOYS

COLLECTIBLES

GIFTS

CARDS

SPECIALTY SHOPS

FAMILY DINING

TAKE-OUT

TROPICAL WINE

HAIR SALON

ART GALLERIES

PET NEEDS

ALTERATIONS/ DRY CLEANERS

VACATION & REAL ESTATE INFORMATION



SHOP ON SANIBEL

Come for the beaches...
discover the shopping!

Tahitian
GARDENS
1975-2019 Periwinkle Way

Olde
SANIBEL SHOPPES
630 Tarpon Bay Road

Town
CENTER
2496 Palm Ridge Road

The
VILLAGE SHOPS
2340 Periwinkle Way

For individual shop information:

www.ShopOnSanibel.com



LUCILLE'S BOUTIQUE

PREMIUM WOMEN'S CONSIGNMENT

15675 McGregor Blvd. Extension
Ft. Myers, Florida 33908

Mon - Fri 10 to 5
Sat 10 to 4

239-489-3554

lucillesboutique@hotmail.com

Consignment
by appt. only

BRING THIS AD IN FOR 10% OFF YOUR PURCHASE

A Trip Down Memory Lane At Broadway Palm



Back from left, Keith McCoy, Ilana Gabrielle, Houso Semon, Rachael Haber and Jesse Michels; front, Scott James Smith
photo courtesy Broadway Palm Dinner Theatre

by Di Saggau

Oh, the memories that were savored while watching *Yesterday's* at Broadway Palm. This musical comedy revue features an extremely talented cast singing and performing all the great songs from the 1950s and 1960s. There are too many to mention so I'll just highlight a few of my favorites. *Me and Bobby McGee* was a show-stopper as Ilana Gabrielle belted out the beloved Janis Joplin tune in a costume reminiscent of the era and her personality. You'll get a kick out of the costumes; poodle skirts, crinolines, capris and everything else that was fashionable those days.

I also loved the *Blue Moon*, *Mack the Knife*, *Respect*, *You Don't Own Me* and *Mona Lisa* numbers. Let's be honest, I enjoyed the entire show. It pays tribute to Elvis, Janis, The Beattles, Woodstock and every other important performer of the day. Much to my delight, Jayar Garcia stepped in to sing *La Bamba*. I remember when he had the lead in the musical of the same name years ago. Jayar, you still have it. Over 50 songs are performed either as solos or musical medleys.

The show was created, directed and choreographed by Victor Legarreta, a Southwest Florida favorite and definitely one of mine. These young kids captured the enthusiasm and joy of the Rockin' '50s and the Groovin' '60s. At the start of the show, one performer asked how many of us in the audience remembered the music from these eras and most hands went up. He then said, "None of us do." Ah, to be so young again.

There was some audience participation during the show, which always adds a fun touch. Keep your eye on the slide panels on both sides of the stage. They also add some nostalgia and humor to the evening. The main cast is Ilana Gabrielle, Rachael Haber, Keith McCoy, Jesse Michels, Houso Semon and Scott James Smith. The night I saw the show, Christopher Violett stepped in for Jesse Michels. Whether with an understudy or not, the cast sings and dances their hearts out, giving everyone an evening to remember.

One local car dealer will be pleased with the bit where Smith comes on stage as Elvis and asks the way to a certain dealership. Let's just say, it was huge and left the audience chuckling.

Yesterday's plays through October 8. Broadway Palm is located at 1380 Colonial Boulevard in Fort Myers. Tickets are on sale at the box office and can be reserved by calling 278-4422, or visit BroadwayPalm.com. For a special trip down memory lane, do yourself a favor and make plans to see this show.*

From page 1

SoCo Saturday

and stores have joined but organizers are looking for more vendors to sell their handmade products during the evening. An application is available online at socoswfl.com.

SoCo Second Saturday is designed to be a monthly, rain or shine event. All participating stops or cultural venues will host a variety of activities for the attendees, ranging from opening receptions with artists talks, performances, special sales and artist demonstrations.

Some of the highlights of the night include DAAS Co-op Art Gallery & Gifts' Plein-Air participant exhibition, talk by organizer Amanda Plummer and the selection of the best in show, who will be awarded a solo show at the gallery in March 2017. The Yoga Bird, which has become one of Fort Myers' most popular yoga studios, will host the art of Patrick Williams for the night. The Ocasiosca Studio, located in the Art Loft of the Alliance for the Arts, will feature works created by Jeff and Dale Ocasio.

For a complete list of all the activities for the night, visit socoswfl.com. There is also a map detailing the area.


SoCo Second Saturday and the SoCo Cultural District is the brainchild of visual artist and gallery owner David Acevedo, who also co-founded the Fort Myers Art Walk. With support from other leaders in the community, such as Lydia Black from the Alliance for the Arts, Chip and Anna Withrow from Yoga Bird, David Gittleman from Gittleman Studios, Jeffrey Scott Lewis from the Union Artist Studios, Melissa Vogt and Will Prather from the Broadway Palm Dinner Theatre and massage therapist Frank Jean, a committee was founded and plans were put in place for the establishment of the event.

"The potential for this area (of the SoCo Cultural District) to grow into the new arts and culture district of Fort Myers is evident to me," said Acevedo, who opened DAAS Co-op Art Gallery & Gifts earlier this year. "Having the Alliance, the Broadway Palm and so many other important artistic venues nearby, it was only logical to come up with a way to unite and conquer."

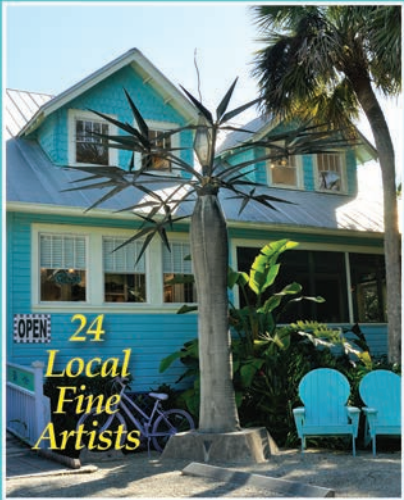
Parking is available in the Royal Palm Square and at the Alliance for the Arts campus. A map will be available at all the participating venues.*



Entrance to The Union Artist Studios in Fort Myers
photo courtesy SoCo Cultural District

**TOWER GALLERY**

Artist Cooperative of Fine Art



751 Tarpon Bay Rd.
Sanibel, FL 33957
(239) 472-4557
www.towergallery.net
Open 7 Days A Week
10 AM till 6 PM

Sanibel T-Shirts
Available at these locations...
T-Shirt Hut 472-1415
Amy's Something Special 472-4421
Sailor's Toy Shoppe 312-8144
Pak-n-ship of Sanibel 395-1220
Macintosh Books 472-1447



HORTOON.COM

Synergy Tahitian Gardens • 1981 Periwinkle Way, Sanibel
239-395-5353 • www.SynergySportswear.com

Along The River

Music Walk will rock out the downtown **Fort Myers River District** again this Friday, September 16. Restaurants, bars, art galleries and shops will showcase a wide range of music during the evening from 6 to 10 p.m. Expect jazz and blues to rock, drums and much more. Each month brings new energy to the historic streets of downtown Fort Myers.

The River District comes alive every month with live music on the third Friday with Music Walk, featuring more than a dozen participating venues with music by local and regional talent.

During Music Walk, join the 4P Music Network at the Sidney & Berne Davis Art Center. Each performance will be recorded, which can be used to build a promo pack. That recording can be posted on social media and the 4P Network to make connections.

There is no fee to join in the fun. Learn more and sign up online at www.4pmusic.com/network.

Organized by the River District Alliance, Music Walk was conceived as a sister event to the extremely popular first Friday Art Walk, which brings out more 2,000 people during off-peak months. Event sponsors include the River District Alliance, Lee County Visitor & Convention Bureau, Edison National Bank, River District, Fort Myers Community Redevelopment Agency and the City of Fort Myers.

Back by popular demand, **chef Warren Caterson** returns to the **Fort Myers Regional Library** on Monday,

September 19 at 6:30 p.m. to demystify the secrets of wine in cooking.

What's the best way to use wine in cooking? Which one should you use? How much and when to add it? Chef Warren simplifies the process. See how easily it's done, then sample the final results.

There is no charge to attend the demonstration, which is sponsored by the Friends of the Fort Myers Library. To reserve your seat, call 479-4636.

The Fort Myers Regional Library is located at 2450 First Street. Hours are Monday through Wednesday from 9 a.m. to 8 p.m.; Thursday from 9 a.m. to 6 p.m.; Friday and Saturday from 9 a.m. to 5 p.m.; closed Sundays.

Beach trash beware. The Ocean Conservancy's 30th annual **Coastal Cleanup** returns to the **beachfronts of Southwest Florida** this Saturday, September 17.

There are seven locations to take part locally in the international volunteer effort to rid our coastlines and waterways of marine litter, pollution and debris.

Depending on where you live or are visiting, here is a list of sites to meet at to begin your cleaning efforts: Lovers Key State Park Event Field, Estero Boulevard, Fort Myers Beach; Bunche Beach, 18201 John Morris Road, Fort Myers; Horton Park, 2600 SE Place, Cape Coral; Dog Beach, 8800 Estero Boulevard, Fort Myers Beach; Fort Myers Beach Elementary School, 2751 Oak Street, Fort Myers Beach; Sanibel-Captiva Conservation Foundation, 3333 Sanibel Captiva Road, Sanibel; and Sanibel Causeway, 19500 Sanibel Causeway, Sanibel. Check-in times are at 9 a.m.



Join friends in collecting and recording trash during Coastal Cleanup this Saturday
photo by Jeff Lysiak

Many of the sites partner with Keep Lee County Beautiful. Everyone is encouraged to participate.

Volunteers worldwide remove millions of pounds of coastal trash that can hurt local economies, injure and kill marine wildlife and choke the ocean environment. Internationally last year, more than 560,000 volunteers picked up 16 million pounds of trash in 91 countries on 12,000 miles of coast. Cigarettes and food rappers topped the list of debris found, with plastic bottles coming in third. Annually, an average 1,500 Lee County volunteers collect 10,000 pounds of trash.

Visit www.oceanconservancy.org/our-work/international-coastal-cleanup/ to learn more.

Lee Memorial Health System will participate in the annual **Omega Family Health Forum** this Saturday, September 17 from 9 a.m. to noon at **Dunbar High School**, 3800 E. Edison Avenue in Fort Myers. The health fair has something for men, women and children of all ages, and will focus on health awareness and prevention. There will be a variety of screenings and educational topics including: Cancer screenings – prostate, colon and breast; Children's health; Women's health; Asthma; Diabetes; Blood pressure; Sleep disorders; Smoking cessation programs; Sexually transmitted disease (STD) testing; and HIV testing.

Kid Care representatives will be available to help families apply for affordable health care insurance for their children.

The Harry Chapin Food Bank also will be on site distributing groceries; bring reusable shopping bags or a box to carry food.

For more information, call 424-2233. The 2016 **Peace Day In The Park** will take place at **Jaycee Park** in Cape Coral this Sunday, September 18 from 10 a.m. to 6 p.m.

The 9th annual event is a free family and pet friendly celebration. Local food pantries will be on hand to collect generous donations of dry and canned food goods. The Big Red Bus Bloodmobile will also be onsite to collect blood donations. One can save up to three lives.

Besides food and blood drives, expect live music, meditation, yoga, fashion show, art and artisans, food, crafts, face painting, diverse community events, health and wellness workshops, raffles and fun. Exhibitors may sign up anytime but remember spaces will be allotted in accordance with availability in your category so as to maintain a balance.

Be part of this historic SWFL community celebration.

The **Alliance for the Arts** Member Gallery **Book Club** continues this Tuesday, September 20 with a discussion of *Portrait of an Artist: A Biography of Georgia O'Keeffe* by Laurie Lisle.

Join fellow Alliance members in this monthly exploration of literature focused on art, artists, art history and art appreciation.

Georgia O'Keeffe, one of the most original painters America has ever produced, left behind a remarkable legacy when she died at the age of 98. Her vivid visual vocabulary – sensuous flowers, bleached bones against red sky and earth – had a stunning, profound and lasting influence on American art in this century.

The book club continues with *Maxwell Perkins: Editor of Genius* by A. Scott Berg on October 18, *The Lonely City: Adventures in the Art of Being Alone* by Olivia Laing on November 15, *Eiffel's Tower* by Jill Jonnes on December 20, *I Shock Myself* by Beatrice Woods on January 17 and *Twilight of the Belle Epoque: The Paris of Picasso*, *Stravinsky*, *Proust*, *Renault*, *Marie Curie*, *Gertrude Stein* and *Their Friends through the Great War* by Mary Sperling McAuliffe on February 21.

The Alliance Member Gallery Book Club meets from 6:30 to 8:30 p.m. on the third Tuesday of every month. Club members must purchase their own copy of each book, but an active Alliance membership is all that's required.

You must be a member in order to participate. Individual memberships are \$55 annually or family memberships are \$80. No experience is necessary. Visit www.artinlee.org or call 939-2787 to become a member.

The Alliance for the Arts is located at 10091 McGregor Boulevard, just south of Colonial Boulevard in Fort Myers.✧

IL TESORO RISTORANTE

FINE ITALIAN CUISINE

inspired by Island Fare in a bistro style

VOTED "BEST CHEF"

BEST OF THE ISLANDS AWARD

TASTE OF THE ISLANDS

IRON CHEF WINNER AJ BLACK

Extensive New Wine List

Tasting Menu • Wine Tastings

"Fresh ingredients, simplicity, love...
the recipe for a treasured dining experience"
– Chef/Owner AJ Black

751 Tarpon Bay Road
Sanibel Island, FL
Reservations Suggested
www.iltesoronet.net • 239-395-4022

Primavera Ristorante

Now Open In
Cape Cod

EARLY DINNER

3-Course Special

5-6 p.m.

\$19.99-\$24.99

No substitutions with early dinner menu * all orders must be in the kitchen by 6:05 p.m. * 18% gratuity will be added to final bill

FORT MYERS FARE

Dining From Downtown's Historic River District To The Beaches

For more information, check out our advertisers in this week's *The River Weekly News*

COURTNEY'S CONTINENTAL CUISINE

Courtney's is a family business run by Executive Chef Dale, his wife Betty and their son, Courtney. The warm and welcoming bar is great for libations and lots of laughter. Relax in comfort with friends and enjoy discounted drinks and appetizers during happy hour, served from open to close daily. The dining room offers a wonderful dinner variety; if you're an early diner, be sure to check out the Sunset Dining Specials from 4 to 5:30 p.m. Summer hours are Tuesday through Thursday from 4 to 9 p.m. and Friday and Saturday from 4 to 10 p.m.

20351 Summerlin Road (across from Sanibel Outlets in Publix Sanibel Beach Place), Fort Myers. Call 466-4646

DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels.

It's a well-known gathering place with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

708 Fisherman's Wharf, Fort Myers Beach. Call 765-9660.

ICHIBAN

Ichiban is a downtown favorite for Chinese and Japanese cuisine. The name means "Number One" in Japanese and offers its customers the perfect balance of great quality and affordable prices. Ichiban has been family owned and operated for 11 years and its enduring popularity is a testament to its exceptional, friendly service.

1520 Broadway #106, Fort Myers. Call 334-6991.



Enjoy a delicious dessert at Courtney's Continental Cuisine

photo provided by Courtney's Cuisine

IL CIELO

Il Cielo offers creative American cuisine and internationally inspired specials in an upscale casual atmosphere. From locally caught fish, American lamb and grass-finished beef to farm-fresh organic produce, there is a thoughtfully prepared dish on the menu for everyone.

Il Cielo is located at 1244 Periwinkle Way on Sanibel and open Tuesday through Saturday from 4:30 to 9 p.m. Happy hour is from 4:30 to 6 p.m. and features signature small plates, appetizers and half-priced house wines, domestic beers and well drinks. Enjoy live piano music by Scott McDonald on Wednesday, Thursday, Friday and Saturday nights, beginning at 7 p.m.

Call 472-5555 for reservations.

IL TESORO

Il Tesoro serves authentic Italian food "with the taste and feel of a Tuscan holiday," according to owner Chef AJ Black. He infuses flavors from the old world to the new world of cooking using only fresh seasonal ingredients to bring his dishes to life. Daily specials focus on pairing authentic meals with a bold array of fine Italian wines.

Il Tesoro (The Treasure) serves dinner seven nights a week from 5 to 10 p.m. 751 Tarpon Bay Road, Sanibel. Call 395-4022.

ISLAND COW

Where can you go when you're in the "moood" for some great cookin', local fun and prices that won't make you lose the farm? Try Island Cow on Sanibel.

Island Cow is an airy bistro with French doors leading out to the front and

back patios. It is open daily for breakfast, lunch and dinner. Dine under the stars while you listen to live music on one of Sanibel's only al fresco eating porches.

2163 Periwinkle Way, Sanibel. Call 472-0606.

JACARANDA

The Jac, as it is known to regulars, has been serving excellent seafood for three decades and offers the best of two worlds: dining room seating or dinner under the stars in the screened garden patio. The patio lounge is home to some of the best nightlife on the islands, seven nights a week. Bands include Renata, Wildfire Blues Band and Cruzan Vibes' reggae on the weekends.

The patio lounge menu includes a selection of "happy apps" starting at \$5.95 and half price drinks during happy hour, 5 to 7 p.m.

Dinner reservations are suggested. 1223 Periwinkle Way, Sanibel. Call 472-1771.

STANDARD RESTAURANT

The Standard Restaurant offers legendary food, cocktails and hospitality in a relaxed atmosphere. The combination of iron beams, old brick walls and thick wooden table tops add to the restaurant's ultra-modern feel. Noted executive chef Katlyn Johnson serves fresh home-cooked style dishes from her "made from scratch" kitchen.

The Standard Restaurant is open six days a week, serving lunch and dinner each day from Tuesday through Sunday as well as brunch with bottomless mimosas on Saturdays and Sundays.

1520 Broadway, Fort Myers, 219-6463.

SAKURA RESTAURANT

Sakura Chinatown Chinese and Japanese Restaurant is located within the Kmart Plaza in the Iona-McGregor area at 15271 McGregor Blvd suite 24 in Fort Myers. The restaurant offers both Chinese and Japanese cuisine and is open from 11 a.m. to 10 p.m. Tuesday through Sunday. Dine in or pick up. Delivery is available within a four-mile radius. Call 332-0888.✪

the JACARANDA

Sophisticated Dining • Raw Bar • Screened Patio

10% off Entire Check or Free Bottle of Wine
25.00 Value

With the purchase of 2 entrees. Must have coupon and reservation.
Not Valid with Any Other Offer. One coupon per table. Expires 10/31/2016. 18% Gratuity Added before Discount



Cocktail Lounge • Live Music
1223 Periwinkle Way • Sanibel Island • 239-472-1771
www.JacarandaOnSanibel.com

ICHIBAN

Chinese & Japanese Cuisine



OPEN 7 DAYS A WEEK

Mon-Thurs 11am - 10pm
Fri-Sat 11am - 11pm • Sun 12pm - 9pm
www.ichiban-sushi-chinese.com

Downtown Fort Myers (Post Office Arcade - Next to Hotel Indigo)

1520 Broadway For **Takeout & Delivery** Tel: 334-6991

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION (UUA)
2756 McGregor Boulevard, Fort Myers. Sunday Services 9 and 11 a.m., Adult Education Workshop 10 a.m., Reverend Margaret L. Beard, Minister. 226-0900. www.allfaiths-uc.org

ALL SAINTS BYZANTINE RITE CATHOLIC CHURCH
10291 Bayshore Road, North Fort Myers Divine Liturgy Sunday 10:30 a.m.; Rosary begins 10 a.m. Lenten services (Presanctified Liturgy) will be on Wednesday evenings at 6 p.m. starting February. Very Reverend Peter Lickman, 305-651-0991. Church of the Eastern Catholic or Byzantine Rite, 1.5 mi. east of Interstate 75.

ANNUNCIATION GREEK ORTHODOX CHURCH
8210 Cypress Lake Drive, Fort Myers Reverend Fr. Dean Nastos, Proistamenos Orthros Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., www.annunciation.fl.goarch.org, 481-2099

BETH SHILOH MESSIANIC SYNAGOGUE
15675 McGregor Boulevard. Rabbi Judah Hungerman. Friday Service, 8 p.m., Saturday Service, 11 a.m. Shabbat School Saturday Morning, Adult Hebrew Classes. Call for information 437-3171

BREAD OF LIFE MINISTRIES CHURCH OF GOD
16581 McGregor Boulevard, 267-3166 Just past the Tanger Outlet Mall. Pastor Barry Lentz, 281-3063. Sunday Worship, 10:30 a.m., Wednesday Bible Study, 7 p.m.

CHABAD LUBAVITCH OF SW FLORIDA ORTHODOX
5620 Winkler Road, Fort Myers. Rabbi Yitzchok Minkowicz. 433-7708, rabbi@chabadswf.org. www.chabadswf.org. Friday service 6:30 p.m.; Saturday Kabbalah class 9 a.m.; Shacharit 10 a.m.; Kiddush at noon. Minyan Monday and Thursday 7 a.m.

CHAPEL OF CYPRESS COVE
10200 Cypress Cove Circle Fort Myers 850-3943, Located at Cypress Cove Retirement Center on HealthPark Campus An ecumenical non-denominational community of believers. Sunday Worship Service, 10 a.m.; Wednesday Bible Study, 7 p.m. Reverend Ted Althouse, Pastor revtedalthouse@aol.com

CHURCH OF THE CROSS
13500 Freshman Lane; 768-2188. Pastor Bud Stephens; A nondemonimational church emphasizing a personal relationship with Jesus Christ. Sunday Service: 9:15 a.m. Traditional, 10:45 Contemporary.

CONGREGATIONAL CHURCH
1619 Llewellyn Drive Fort Myers. Just off McGregor across from the Edison/Ford Winter Estates 334-4978, Pastor Douglas Kelchner, Worship times Sunday's 10:30 a.m. Website: www.taecc.com

COVENANT PRESBYTERIAN CHURCH
2439 McGregor Boulevard, 334-8937 Reverend Dr. Jeffrey DeYoe, Senior Pastor Reverend David Dietzel, Pastor Emeritus. Traditional Sunday service 10 a.m. Nursery available.

CYPRESS LAKE BAPTIST CHURCH
8400 Cypress Lake Drive, Fort Myers, 481-5442 Randy A. Alston, Reverend. Sunday Services: Bible study, 9:45 a.m. Morning Worship, 11 a.m., Evening Worship, 7 p.m., Wednesday Prayer Meeting, 6:30 p.m.

CYPRESS LAKE PRESBYTERIAN CHURCH
8260 Cypress Lake Drive, Fort Myers, 481-3233. www.clpc.us. Clint Cottrell, Pastor. Prayer Service 8 a.m., Praise 9 a.m., Children's Church 9 a.m., Traditional 11 a.m. Summer Prayer Service 8 a.m.

Combined Traditional/Praise 10 a.m.

CYPRESS LAKE UNITED METHODIST CHURCH
8570 Cypress Lake Drive, Fort Myers, 482-1250, 8 and 11 a.m. Sunday Traditional Service 9:30 a.m. Praise Service Sunday School all times.

FAITH FELLOWSHIP WORLD OUTREACH MINISTRIES
6111 South Pointe Boulevard, Fort Myers, 278-3638. Sunday Worship, 10:30 a.m.; Voice of Faith, WCRN 13.50 AM Radio, Sunday, 1:30 p.m.; Thursday Service, 7:30 p.m.; Friday Youth Service, 7:30 p.m. Nursery care for pre-school children and Children's Church ages 5 to 12 available.

FAITH UNITED METHODIST CHURCH
15690 McGregor Boulevard, Fort Myers, 482-2030. Pastor David Stauffer. Traditional Service Sunday 8:45 a.m., Contemporary Service Sunday 10:30 a.m. Go south on McGregor Boulevard. The church is ½ mile past the intersection of Gladiolus and San Carlos Boulevard on the way to Sanibel.

FIRST CHURCH OF CHRIST, SCIENTIST
2390 West First Street, next door to Edison Estates. 10:30 a.m. Sunday Service and Sunday School; 12 noon Wednesday Testimony Meeting. Child care provided at services. Reading Room located in church building for quiet study and information about Christian Science. Monday and Friday noon to 4 p.m., Wednesday 1 to 4 p.m. christiansciencefortmyers.net, christianscience.com

FIRST CHURCH OF THE NAZARENE
13545 American Colony Boulevard off Daniels Parkway in the Colony, Fort Myers, 936-2511 Pastor Reverend Joey Brummett Sunday School: 9:30 a.m.; Morning Worship, 10:30 a.m.; Sunday Evening, 6 p.m.; Wednesday Family Night, 7 p.m.

FIRST UNITED METHODIST CHURCH
Downtown Fort Myers River District, 2466 First Street, 332-1152. www.fumcftmyers.org. Sunday Services: 9:30 a.m. Sunday School; 10:30 a.m. Blended Church Service; 5:30 p.m. Youth Group.

FORT MYERS CHRISTIAN CHURCH (DISCIPLES OF CHRIST) A STEPHEN MINISTRIES CONGREGATION
5916 Winkler Road, Fort Myers, 437-4330 Pastor Reverend Mark Condrey. Sunday Worship 10:30 a.m., Church School 9:15 a.m.

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;
8210 College parkway, Fort Myers, 482-3133. Reverend Anton DeWet, pastor. Morning Worship: 10 a.m., Church School: 10:15 a.m. Friendship Time follows worship.

IONA-HOPE EPISCOPAL CONGREGATION
9650 Gladiolus Drive, Fort Myers 454-4778. Reverend Ray Buchanan Rector. Saturday 5 p.m., Eucharist with Healing; Sunday 8 a.m., Holy Eucharist, Rite One; 9:30 a.m., Family Eucharist with Healing and Church School. Tuesday 9:30 a.m., Morning Prayer (in Spanish); Wednesday 9:30 a.m., Eucharist with Healing. Child care available Saturday 5 p.m. and Sunday 9:30 a.m. services.

JESUS THE WORKER CATHOLIC CHURCH
881 Nuna Avenue, Fort Myers, 481-1143 Masses Friday and Saturday, 7 p.m.; Sunday, 8 and 10 a.m. and 6 p.m.

KINGDOM LIFE CHURCH
2154 McGregor Boulevard, Fort Myers, 218-8343. Pastor Randy and Anita Thurman. 10:30 a.m. Sunday Service.

LAMB OF GOD CHURCH
A few federated Lutheran (ELCA) and Episcopal Congregation. 19691 Cypress View Drive, Fort Myers. 267-3525. www.lambofgodchurch.net. Reverend Dr. James Reho. Sunday 7:45 and 10 a.m. Sunday's Cool for Children 10 a.m.

NEW BEGINNINGS CENTER

New Home Church, 8505 Jenny Cae Lane, North Fort Myers, 656-0416. Weekly Friday meeting meet and greet 6:30 p.m.

Kingdom Teaching 7 p.m. Fellowship and refreshments. nbcministry@embarkmail.com, www.facebook.com/nbcministry. Alex and Patricia Wiggins, Ministers

NEW COVENANT EYES CHURCH
See Clearly. Meeting monthly at 9 a.m. at the Elks Lodge. 1900 Park Meadows Drive, Fort Myers. 220-8519. Pastor Alan Bondar. www.newcovenanteyes.com. LIFT Kidz program, free coffee and donuts.

NEW HOPE BAPTIST CHURCH OF FORT MYERS
16120 San Carlos Boulevard, Unit 10. 985-8503. 9:45 a.m. Sunday School for all ages. 11 a.m. Sunday Morning Worship. 7 p.m. Wednesday Evening Bible Study.

NEW HOPE PRESBYTERIAN CHURCH
3825 McGregor Boulevard. Fort Myers. Pastor Eddie Spencer. 8 and 9:30 a.m. Traditional Worship. 11 a.m. Contemporary Worship. 8, 9:30 and 11 a.m. Sunday School. Youth and Children's programming runs concurrent to Sunday services. Nursery care provided at all services. 274-1230. www.newhopefortmyers.org.

PEACE COMMUNITY CHURCH
Fort Myers Beach Masonic Lodge. 17671 Pine Ridge Road. 267-7400 Pastors, Gail and RC Fleeman. Adult Discussion Classes 8:45 a.m. Countdown to Worship 10:10 a.m. Amazing Grace Worship: 10:30 a.m. www.peacecommunitychurch.com.

PEACE LUTHERAN CHURCH
Sunday Worship at 9:30 a.m. Peace a member of ELCA. Weekly communion with traditional liturgy, organ and choir. 15840 McGregor Boulevard, Fort Myers, on the way to Sanibel. 437-2599, www.peaceftmyers.com, peace@peaceftmyers.com.

REDEEMER LUTHERAN CHURCH
3950 Winkler Ext., Fort Myers, 274-0143 8:15 and 10:15 a.m. Sunday Services Daily early learning center/day care.

RIVER OF LIFE ASSEMBLY OF GOD
21580 River Ranch Road, Estero. 495-0400, Senior Pastor Todd Weston. 8 and 9:45 a.m. Services; 11:30 a.m. Legacy Service, multi-generational.

SAMUDRABADRA BUDDHIST CENTER
Meditation classes. Guided meditations, methods to relax body and focus mind on virtuous objects. Bring peace and happiness into daily activity. 567-9739. www.MeditationInFortMyers.org.

SAINT COLUMBKILLE CATHOLIC CHURCH
12171 Iona Road, Fort Myers, off McGregor and north of Gladiolus. 489-3973. Father Lorenzo Gonzalez. Monday 6:30 p.m., Tuesday through Saturday 8 a.m. Saturday 4 p.m.; Sunday 8, 10 a.m. and 5:30 p.m. Reconciliation Saturday 9 a.m. or by appointment.

ST. FRANCIS XAVIER CATHOLIC CHURCH
2157 Cleveland Avenue, Fort Myers, 334-2161. Masses: Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 12:15, 4 Creole and 6 p.m.

SAINT JOHN THE APOSTLE METROPOLITAN COMMUNITY CHURCH
3049 McGregor Boulevard, Fort Myers, 344-0012. Pastor Reverend Steve Filizzi. An Affirming and Inclusive Congregation Sunday Services 10 a.m.

SAINT MICHAEL LUTHERAN CHURCH & SCHOOL (LCMS)
3595 Broadway, Fort Myers, 939-1218, Worship: Saturday 5:30 p.m., Sunday 8 and 10:45 a.m. Bible Study for adults and children Sunday at 9:15 a.m.

SAINT PETER LUTHERAN CHURCH
3751 Estero Boulevard, Fort Myers Beach, 463-4251, www.stpeterfmb.com.

Sunday worship service at 9:30 a.m.

SAINT NICHOLAS MONASTERY
Church and Bookstore. 111 Evergreen Road (southwest corner of Evergreen Road and Gail Street.) Liturgical services conducted in English and Church Slavonic; following the Julian (Old) Calendar. Liturgical Services Sundays and Holy Days 9:30 a.m. Holy Liturgy 0 a.m. Call to confirm service schedule: 997-2847; Bookstore 691-1775. www.saintnicholasmonastery.org.

ST. VINCENT DE PAUL CATHOLIC COMMUNITY
13031 Palm Beach Boulevard (3 miles east of I75) East Fort Myers (across from Fort Myers Shores) 693-0818. 9 a.m. Tuesday through Friday. 4 p.m. Saturday, 9 and 11 a.m. Sunday.

SOUTHWEST BAPTIST CHURCH
16940 McGregor Boulevard, Fort Myers, 454-3336. Robert G. Kasten Pastor. Sunday 11 a.m. Nursery 9:45 a.m. Sunday School all ages. Junior Church grades one to five. Wee Church Pre-K to K. Evening Service 6 p.m. Wednesday Service 6 p.m.

TEMPLE BETHEL SYNAGOGUE
16225 Winkler Road Fort Myers. 433-0018, www.templebethel.com. rabbi.barras@templebethel.com. Rabbi Jeremy Barras, Cantor Victor Geigner, Religious School Director Dale Cohen, Learning Tree Director Jesyca Virnig, Office Manager Inna Vasser. Union For Reform Judaism Shabbat Service Friday 7:30 p.m., Torah Study Saturday 9:30 a.m. Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. Learning Tree Monday through Friday.

TEMPLE JUDEA (CONSERVATIVE)
14486 A&W Bulb Road, Fort Myers, 433-0201, Rabbi: Rabbi Marc Sack Minyan: Monday at 9 a.m. Religious Education: Sunday mornings and Wednesday evenings. Services Friday 6:30 p.m. and Saturday 9 a.m. www.tjswfl.org.

THE NEW CHURCH
The New Church of SWFL, 10811 Sunset Plaza Circle #401, behind Zoomers. Reverend Gabriella Cahaley. Sundays 11 a.m. during the season. Other worship events on Fort Myers Beach. <http://www.newchurchflorida.com>. 481-5535.

UNITARIAN UNIVERSALIST CHURCH FORT MYERS
13411 Shire Lane (off Daniels Parkway one mile west of I-75). Minister The Reverend Allison Farnum. Sunday services and religious education at 10:30 a.m. 561-2700. www.uucfm.org.

UNITY OF BONITA SPRINGS
28285 Imperial Street, Bonita Springs. 947-3100. Family Service 10 to 11 a.m. Healing Circle 11 a.m. Hospitality and Fellowship, 11 a.m. Inspiring lesson, uplifting and dynamic music, meditation in a loving environment.

UNITY OF FORT MYERS
11120 Ranchette Road, Fort Myers Sunday Services 9:15 and 11 a.m. Children's classes 11 a.m. Reverend Jim Rosemergy. 278-1511, www.unityoffortmyers.org. Our God is Love, Our Race is Human, Our Religion is Oneness

WESTMINSTER PRESBYTERIAN CHURCH (PCA)
9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125. Pastor: Byron West. Sunday Services: 9:30 a.m. Discipleship Classes for all ages, 10:30 a.m. Fellowship & Coffee, 10:45 a.m. Corporate Worship.

WORD OF LIFE CHURCH
2120 Collier Avenue, Fort Myers. 274-8881. Sunday 10 a.m.; Wednesday 7 p.m. Bishop Gaspar and Michele Anastasi

ZION LUTHERAN CHURCH
7401 Winkler Road, Fort Myers. 481-4040. Pastor Curtis Deterding. Sunday 8 a.m. Traditional, 10:45 a.m. Blended, 9:30 a.m. Eductional Hour. www.zionfm.org✪

Discussing Guns At Theatre Conspiracy

by Di Saggau

Now showing through September 18 at Theatre Conspiracy is *The Gun Show*. The play by EM Lewis deals with Americans and their guns. Miguel Cintron is amazing in this one-man show that begins with a talk on the national gun debate and gradually evolves into a personal account of tragedy and loss.

Cintron appears on a stark stage in front of the curtains and talks to the audience with the use of a few props, mostly framed pictures. The show is an autobiographical first-person narrative in the voice of the playwright. Cintron assumes the role of Lewis, and tells her own relationship with firearms. It references her courtship and marriage, and how she grew up on a farm in Oregon where guns were commonplace. She practiced sharpshooting with her fiancé Irwin. Their story is the pivotal

story in this play. As she says, it's the first story, the last story and the only story.

The audience quickly realizes that this is not a work of fiction. Her story of guns is being acted out in front of them and it's bold, sometimes funny, sometimes heartbreaking. Cintron talks glibly about America's most dangerous pastime. It's done with brutal honesty and emotion. He says, "We have a problem with guns in America. The problem is, we really, really like them." Through the telling of five true stories, *The Gun Show* makes audiences realize there are no easy answers in the gun debate.

For over 15 years, I have watched Cintron perform. First at the old Schoolhouse Theater on Sanibel, in mostly small comedic roles. He has been in numerous plays at Theatre Conspiracy, again most comedic character roles. It was a treat to see him turn to drama in this one-man show.

Bravo Miguel, you nailed it.

The Gun Show makes you rethink the gun issue but it doesn't take sides. It plays through September 18 at Theatre Conspiracy, at the Alliance for the Arts, 10091 McGregor Boulevard in Fort Myers. For tickets, call 936-3239.✱

From page 4

Artist Series

pianist Peter Lewis and members of the Naples Philharmonic Brass Quintet.

Chamber music and solo works by FGCU composer Jason Bahr will be performed at the concert. Bahr has performed over 350 of his works across the United States and around the world, and has been awarded a commission from the prestigious Fromm Foundation. The concert will feature the American premiere of Bahr's brass quintet *Divergence*.

Tickets for each concert are \$10 for the general public and \$7 for students and are available for purchase online at <http://fgcu.edu/CAS/Music> or at the door.

For more information, contact Joanna Hoch at 745-4268 or jhoch@fgcu.edu.✱

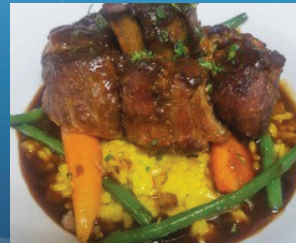


Miguel Cintron

photo courtesy Theatre Conspiracy

Il Cielo

1244 Periwinkle Way, Sanibel, FL 33957



A dynamic culinary experience in an elegant setting.

We pride ourselves in presenting unparalleled service, a splendid environment, and unforgettable cuisine.

Enjoy a romantic dinner of fresh Local Seafood, great Steaks, American Lamb, and Fresh from Florida Produce!

Sample our carefully curated wine list or one of our specialty cocktails.

Don't forget our in-house made desserts like the Key Lime Trio or the Caramel Salted Chocolate Mousse Cake.

Open Tuesday through Saturday
4:30pm until 9:00pm
Happy Hour every day from 4:30pm to 6:00pm

For reservations call 239-472-5555
www.ilcielosanibel.com or www.opentable.com

Follow us on Facebook and Twitter @ilcielosanibel

Voted Best Fine Dining
2014 and 2015

Enjoy live Piano music
by Scott McDonald on
Wednesday, Thursday,
Friday and Saturday nights
beginning at 7pm

Tue, Wed, Thur
in September
10% OFF
Entire Check

(Not valid with other coupons
or on happy hour check)
Must present ad
Exp. 09/29/16

What A Difference A Week Made



by Capt. Matt Mitchell

Fishing action really rebounded this week after the previous weeks' storms had stirred everything up. Things are beginning to come together as the month of

September is finally starting to live up to being my favorite month of year to fish our local waters. Schools of silver-colored, big spawning redfish have started to move in from the Gulf over the last week, making brief appearances in and around all the passes.

The snook bite in and around the passes has gotten a whole lot better too. Mangrove snapper that has simply disappeared for more than a week have returned with cleaner water. Best of all, huge schools of fry-sized bait has started to show up out on the beaches, along with all the mixed bag of species that feed on it.

Jacks, mackerel and ladyfish can be found on these schools of bait already. Tarpon, bonita, kings and sharks will not be far behind.

Lighthouse Point, Redfish Pass, Captiva Pass and Boca Grande for more than the next month will give all anglers a chance to experience some wide open fishing on the huge schools of redfish that are moving in and out from the Gulf. The bite in the pass seems to happen most often on the last few hours to the end of the falling tide. If you're in one of these areas, it's always worth taking the time to make a few drifts from about 50 to 100 yards out from the shore, bouncing a live bait along the bottom.

Many of the docks in and around the passes are also worth spending some time on too. Big schools of these top-of-the-slot and oversized-breeding redfish will stack up by the hundreds. When fishing these docks, anchor up and use enough weight to keep your bait on the bottom in the fast-moving current. Heavy tackle is a must have when anchored in swift current if you want any chance at all to land one of these hard-charging redfish.

As we get closer to the end of the month and into October, it is prime time for schooling redfish to be moving around and across shallow grass flats. Look for these fish just inside or close to the passes. Fosters Point to Cabbage Key is one of my



Steve King with one of two top-of-the-slot redfish he caught while fishing with Capt. Matt Mitchell this week

favorite areas to look for these redfish to pop up by the hundreds as they do year after year. If you have ever been lucky enough to experience one of these schools of hungry redfish wear out a flat, it's something you will never forget.

The high tide redfish bite around mangrove islands and oyster bars was also a good bet this week. I spent the majority of my time during high water fishing mangrove islands on the eastern side of the sound from Chino Island north. Islands that were holding big schools of mullet not surprisingly were the ones that had the redfish. Both shiners and live pinfish caught these redfish on the higher stages of the tide. The redfish we caught while mangrove fishing seemed to increase in size this week with the average fish being

from 25 to 27 inches.

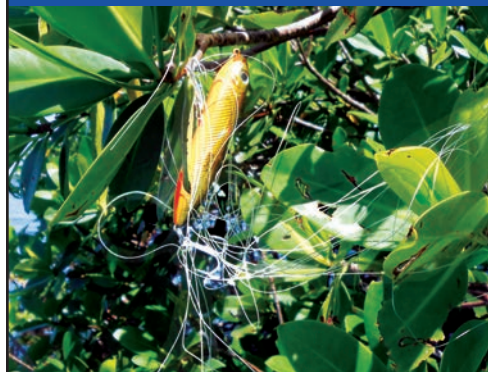
September and October could be your last chance to tangle with a tarpon until next spring. During mild fall weather, these tarpon will be out on the beaches until as late as December, gorging on the massive clouds of baitfish before they migrate out to warmer waters. With more and more bait activity starting to show up out along the beaches, all it takes is the right weather set-up, and this fall tarpon bite can be just epic.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com.✱

Send Us Your Fish Tales

We would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include a photograph with identification. Email to press@islandsunnews.com or call 395-1213.

CLEAR YOUR GEAR It Catches More Than Fish



Cast carefully to
avoid tangling tackle
in mangroves



FLORIDA'S #1 SELLING INSECT REPELLENT



- Locally owned and operated
- 100% natural ingredients
- Smells great
- Safe to use on kids
- Works on pets & horses
- Non-greasy or sticky formula
- Repels mosquitoes & most biting insects



Visit Our Website for Locations
on Sanibel & Captiva Islands

WWW.NONOSEEUUM.COM

BOAT RENTALS

Fishing • Cabbage Key
Dolphin Watching
Captains Available

472-5800
Jensen's Marina
Captiva Island

ISLAND MARINE SERVICES, INC.

- NEW MOTOR SALES • REBUILT POWERHEADS •
- FACTORY TRAINED •

MERCURY – MARINER – JOHNSON – EVINRUDE
SUZUKI – YAMAHA – OMC – I/O'S – MERCURUISER

Courteous Professional Marine Repair Service • Dockside Service
Serving Sanibel & Captiva For Life

472-3380 • 466-3344

**Your Bottom
Specialist
Call on Paint Prices**



Dave Doane

From page 1

Calusa Nature Center



Andy Brandy Casagrande IV

photos courtesy CNCP

community about the future of the Calusa Nature Center and Planetarium," says Brandon G. Phillips, chair of the event and president/CEO of Global HR Research. "CNCP has been connecting people with nature for more than 40 years and it's the perfect time to return area residents and tourists to nature and to the nature center. We are working to renovate the facilities and expand on the programs

that will allow the center to continue giving visitors great experiences with nature and environmental education resources for generations to come."

Funds raised will support the CNCP Revitalization Plan, including infrastructure improvements, animal care, staffing and program development.

Individual tickets are at \$125 per person. A limited number of VIP tickets are available at \$250 and include a preview from 6 to 7 p.m. with a meet-and-greet photo opportunity with Casagrande, a private tour of the host's concept home, photos with the onsite animal ambassadors, the signature cocktail and membership to Calusa Nature Center & Planetarium.

Major sponsorships range from \$1,500 to \$10,000. Sponsorships and tickets can be purchased at www.ReturnToNatureSWFL.org or by calling 275-3435.

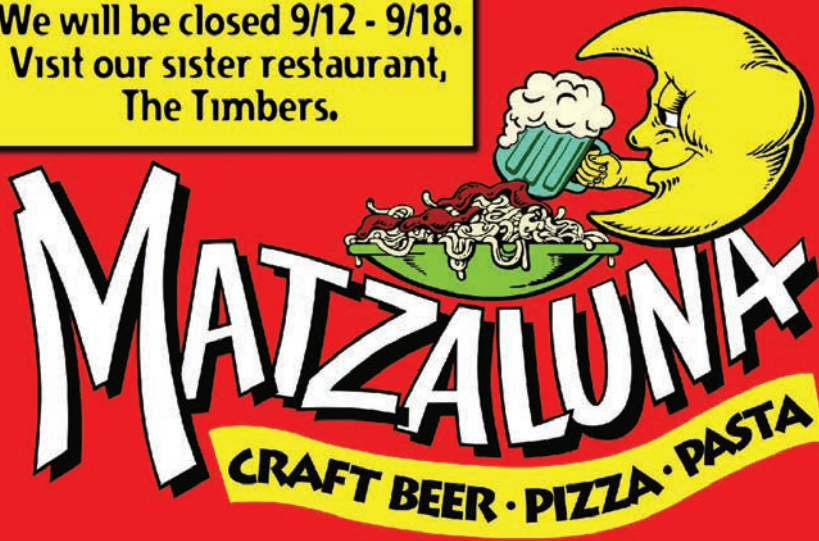
The Calusa Nature Center and Planetarium is located at 3450 Ortiz Avenue in Fort Myers. For more information, visit <http://calusanature.org>.*



Andy Brandy Casagrande IV

Our email address is press@riverweekly.com

We will be closed 9/12 - 9/18.
Visit our sister restaurant,
The Timbers.



Sanibel's home for
Linguine di Mare & Wood Fired Pizza!


matzaluna.net

HAPPY HOUR
4:30-6:30
7 DAYS



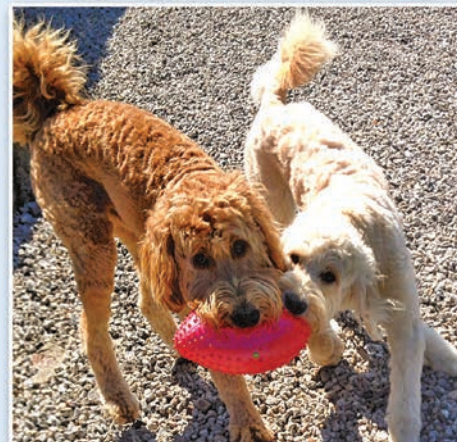
\$2.50 OFF

The purchase of
each adult entree.

Present this ad to your server.
Must be seated prior to 5:30 p.m.
Not valid on Pizza or with any other coupon or discount.
Expires 9/21/16

1200 Periwinkle Way (239) 472-1998 Full Liquor
Open 4:30-9:30 pm 7 days • Take Out Available • Gluten Free Pasta

ARE YOU READY FOR SOME FOOTBALL?



No need to
fight...
plenty of
TVs, food
and drinks
for everyone!

Grill open 11:30 for Football Sat & Sun showing all the games!

Sushi & Sashimi Thursday - Saturday!

\$1 oysters at The Oyster & Sushi Bar 4-6pm Thursday-Saturday

"We serve it fresh....

**Raw bar now open
Thursday - Saturday**

....or we don't serve it at all!"



Friday is Lobstah Night!

Happy Hour Daily
4:00pm - 6:00pm &
10:00pm - Midnight

**People's Choice
Award Winner 2015**



Serving
Fresh Fish
Since 1978



13 Dinners for \$15,
5:00-6:00pm
7 days

Grill Open 7 days 4:00pm - Midnight

Restaurant Open 7 Days 5:00pm - 9:00pm

Fish Market Open at 11am - 9pm (2pm - 9pm Sunday)

472-3128 • 703 Tarpon Bay Road • www.prawnbroker.com

***Winner Best Seafood 2010-2015**

Whisk-Fern



Native whisk-fern volunteered at the base of this pot plant. Crevices and tree bases are among this ancient species' most common growing sites. photos by Gerri Reaves

by Gerri Reaves

Whisk-fern (*Psilotum nudum*) is a fascinating easy-to-overlook native species that predates the era of the dinosaurs by hundreds of millions of years. So primitive is it that it's not really a fern, but a fern ally. Reproduction by spores is one of the only characteristics it shares with ferns.

It is the only plant in the *Psilotaceae*, or whisk-fern, family that is native to Florida. It grows in all regions of the state, favoring areas such as swamps and wet woods.

Lacking true leaves and roots, it establishes itself and spreads via creeping underground stems. It can live as either a terrestrial plant or epiphyte (air plant).

You're most likely to spot it at the base of other plants, particularly palms. Logs, crevices, the boots of the native cabbage palm, and tree forks are also common growing sites.

In residential yards, it volunteers in moist well-drained spots with rich soil in partial shade – and even in plants. It usually grows under a foot tall.

The aerial roots structurally resemble a slender tree that branches three-dimensionally, splitting in two for up to six times, thus enhancing the whisk- or broom-like appearance.

However, the green cylindrical ridged stems never leaf-out in the usual sense, thus the scientific name: *psilotum* means naked in Greek and *nudum* means naked in Latin. Other common names are skeleton fork fern and moa.



The plant lacks true leaves and roots, but scale-like appendages and bead-like sporangia are visible on the stems

Appendages that are scale- or thorn-like rudimentary leaves called microphylls occur in the stem angles.

The three-lobed sporangia, which superficially resemble tiny berries or beads, turn yellow when mature, and then split open to release spores.

The unassuming whisk-fern is not parasitic and is environmentally beneficial. Specimens growing in soil aid in preventing erosion, and epiphytic ones collect debris that transforms into soil.

This fern has a variety of medicinal uses.

Sources: *The Ferns of Florida* by Gil Nelson, *Psilotum Nudum: Survivor of Eons* by Steve Farnsworth, fnps.org, reallyoldplants.wordpress.com, susanleachsnyder.com and wildsouthflorida.com.

Plant Smart explores the diverse flora of South Florida.✧

New App For Outdoor Sports

Powderhook announced the nationwide launch of its app, providing sportsmen and women hyper-local answers to their outdoor questions. Via the app Powderhook, users now have free access to local information about outdoor events and activities, hunting and fishing opportunities, and free maps of public lands, lakes and rivers across the country.

According to Powderhook founder Eric Dinger, the app fills an important gap and represents a totally revamped approach for the tech startup.

"The launch of Powderhook app marks a major change of direction for our company. We tried hard to open access to private land, but simply couldn't make the economics work between buyers and sellers of private access," said Dinger. "What we learned along the way is people really need local answers, which is why we go to

the tackle shop when we travel to fish. We found this to be especially true with new people. Being new to the outdoors can be really hard, whether new to a region as a traveling hunter or angler, new to a specific discipline such as bowhunting, or new to the outdoors altogether. We built our app to make being new a little less difficult, and being an 'avid' a little more fun."

Declining participation in outdoor activities has been a hot topic for many years in the outdoor community. The Powderhook app seeks to attack this challenge by aligning the interests of the industry with the challenges of participants.

"No one has a bigger incentive to grow the outdoor industry than the people and businesses who work in it," added Dinger. "Yet it's never been simple for a business, non-profit or state agency to help people at a large scale. Mentoring, youth hunts, countless programs, training seminars, and much more exist to help, but as sportsmen

continued on page 19

EXPERIENCE: HUNDREDS OF SUCCESSFUL LANDSCAPES

ALL NATIVE

GARDEN CENTER, NURSERY & LANDSCAPES

300 Center Road, Fort Myers FL 33907

PHONE **239.939.9663** • FAX **239.939.8504**

www.NoLawn.com • www.AllNative.biz

OPEN DAILY: 9 to 5 Mon - Sat • 10 to 3 Sun

OUR NURSERY FEATURES
OVER 200 SPECIES OF NATIVE
PLANTS ON SEVERAL ACRES

- Butterfly Gardens ■
- Wildlife/Bird Sanctuaries ■

We also offer landscape design,
consultation, installation and maintenance.

naturebrackets.com
info@naturebrackets.com

New Designs Available at
Forever Green Ace Hardware

2025 Periwinkle Way • Sanibel, FL

For a Full Mailbox
call Dave at
(239) 454-1001

Mailboxes

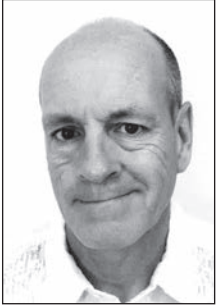
Porches

Shelves

CROW Case Of The Week:

Baby Squirrels

by Bob Petcher



The squirrel is a mammal consisting of 200 different species that reportedly can be found on every continent except for Australia. With a diet that consists mainly of nuts, but

also includes leaves, roots, seeds and small insects, these omnivores are of three main classifications: ground, tree or flying.

The eastern gray squirrel (*Sciurus carolinensis*) is a tree squirrel that is native to the eastern section of North America and has a large, bushy tail. This particular species of squirrel has the ability to descend a tree head-first. This feat is achieved by the turning of its feet so that the claws of its hind paws are backward-pointing and are able to grip the tree bark.

Interestingly, squirrels are rarely seen on Sanibel Island due to the island not having any nut-bearing trees for the animals to feed upon. Think about it. When was the last time you had to swerve or brake for a squirrel that was attempting to cross a road on this island? It's usually ibis or other birds that walk across streets.

Off-island, finding a baby squirrel may also prove to be difficult. While

mature squirrels can be seen on most any property, either provoking your dog while on a walk or nabbing seed from your bird feeder, kits are usually found by the nest until they grow all their fur and show the ability to survive on their own. The best chance for a newborn squirrel's survival is when it is cared for by its mother.

In that light, when a kit is found without a parent in sight and is unharmed, it does not necessarily mean the young animal has been abandoned or orphaned. The infant probably needs help being reunited with its mother.

CROW officials point out that education is needed to determine if a baby squirrel needs human help. Assistance may be required if it is bleeding, has an open wound or a broken bone or covered in fly eggs. If a young squirrel has a tail that is fluffed out or has a body (not including tail) that is longer than six inches, it is be a juvenile squirrel and intervention is not needed.

At CROW, there are currently 30 infant and juvenile eastern gray squirrels being cared for. In 2012, the rehabilitation clinic launched a program called If You Care Leave It There because people abducting baby animals and bringing them to CROW became such an issue and burden to the wildlife hospital.

Within the If You Care Leave It There brochure, there are telling points that everyone needs to heed.

"Humans are never a young animal's best hope for survival. They are their last hope. A young animal should only be removed from the wild after all avenues to reunite it with an adult animal are



A baby squirrel is fed through a syringe at CROW

photo by Kenny Howell

exhausted," the brochure reads. "Wildlife parents are very devoted to the care of their young and rarely abandon them. When abandonment does occur, it is usually the result of an injury or the death of the parent. Typically, it is the female mammal that raises the young and often leaves the nest in search of the next meal. In the case of birds, where both parents are generally caretakers, both are often away from the nest for the majority of the day, returning only for brief stops

to feed their hungry young."

Other brochure information instructs what one can do if juvenile animals are seen.

"If you happen to see a young, wild animal, please leave it alone unless there appears to be something wrong such as a clear injury or fallen nest," the brochure added. "If the nest has fallen out of the tree but the young inside the nest appear healthy please replace the

continued on page 31



Sanibel Marina





Ireland Yacht Sales
"Dedicated to Yachting Excellence"

Gramma Dot's

SANIBEL THRILLER CRUISES



SEASIDE DINING

Taste of the Islands "People's Choice Award"
Winner Seven Continuous Years

Lunch & Dinner
472-8138

SANIBEL MARINA

634 N. Yachtsman Drive • www.sanibelmarina.com



- Sanibel and Captiva Islands' Most Exciting Boat Tour
- Circumnavigating Sanibel & Captiva Islands with Dolphins

239.472.2328 • www.sanibelthriller.com

Reservations are required • Also Available for Private Charters
Departing from Sanibel Marina
634 N. Yachtsman Dr. • Sanibel Island




Horizon Council Recognizes Business Excellence At Awards Ceremony



Winners of the 2016 Industry Appreciation Awards, from left, Dan Termini and JoAnn Elardo, Wicked Dolphin Distillery; Gary Trippe and David Gordley, IberiaBank; and Richard Johnson, Bailey's General Store

To salute excellence in Lee County's business community, the Horizon Council and Lee County Economic Development hosted the 25th annual Industry Appreciation Awards on August 25 at the Hyatt Regency Coconut Point Resort & Spa in Estero. Approximately 800 local business and community leaders attended the ceremony honoring businesses for their contributions to Lee County. Winners included Bailey's General Store, IberiaBank and Wicked Dolphin Distillery. Gary V. Trippe earned The Bruce T. Gora Legacy Award, created in honor of the late Bruce T. Gora.✧



Mayor Randy Henderson, Dieter Kondek and Francis Rooney



Christina Harris Schwinn and Sheila Rash



Finalists for the Bruce T. Gora Award, from left, David Barton, Gail Markham and Scott Fischer with award recipient Gary Trippe



Baile, Calli and Richard Johnson with Robbie and Geoff Roepstorff



Gene Montenieri, Donna Raynor and Jodi Adams



Anna MacDonald, Penny Johnson and Angela Fisher



Darryl Aubuchon and B. Pat O'Rourke



Steve Pontius and Gary Trippe



Justin Damiano, Glen Salyer and Wilson Bradshaw



Sandra Kauanui, Dr. John Meyer and Paul Bova



Michelle Stewart, Nate Halligan, Connie Boyd and Trent Swartz

"Top 5 Breakfast in Florida" - Southern Living

BEST LUNCH & BEST FAMILY DINING

Like us on Facebook

Now Serving FULL LIQUOR
Tropical Cocktails

Happy Hour
All Day Long

Outdoor
Tropical Dining

THE ISLAND COW

UDDERLY GREAT FOOD

11 YEARS & COUNTING!
by Best of the Islands

Live Music & Outdoor Games

Fresh Seafood & Dinner Specials

Huge Kids Menu

BREAKFAST, LUNCH & DINNER

239.472.0606 • SanibelIslandCow.com

Open 7 am - 9 pm • Open "8 Days a Week"

2163 Periwinkle Way • Sanibel Island

The 2016 Disaster For The Twins Will Result In Major Rebuild Next Season



by Ed Frank

When the Minnesota Twins return here in February for spring training, you can be certain there will be vast changes in the front office operation as well as significant changes in the team roster.

Anything less than a complete makeover of this franchise in light of its dismal performance in five of the last six years – particularly this year – will be disappointing, even an outrage, to the loyal Twins fan base.

There were reports early this week that Minnesota had received permission from the Chicago Cubs to interview Jason McLeod, the Cubs' senior vice president of player development

and amateur scouting.

The Twins reportedly are looking to structure their operation similar to the Cubs with both a president of baseball operations and a general manager.

McLeod has worked with Cubs president Theo Epstein and general manager Jed Hoyer in both Boston and Chicago, and is credited with drafting many of the stars of these two successful teams.

"There's probably not a better scouting and player development guy out there. He has all the skills to do every part of the job," Hoyer said.

The rebuilding of the Twins began in July when club president Jim Pohlad fired his long time general manager Terry Ryan.

Ryan's assistant, Rob Antony, has filled in as interim GM, but the team's performance has continued abysmal.

Minnesota began this week with a season record of 53-91 (.368), the worst record in Major League baseball, and an embarrassing 31 games behind first place Cleveland in the American League Central Division.

In fact, in every year since 2011, with the exception of last season, Minnesota has lost more than 90 games. They are likely to lose 100 or more games this year.

There was the belief that the Twins, under new manager Paul Molitor, had turned the corner last season when they fought for a playoff spot until the last weekend of the season, ending with a respectable 83-79 record.

But the 2016 season has been a disaster from the get-go.

There are many, many reasons for their cellar-dwelling performance, although one factor stands out – the lack of effective pitching.

The team pitching, with a 5.13 ERA, ranks 29th out of the 30 Major League teams. Compare that to the No. 1 team, the Cubs at 3.08. There isn't a single Twins pitcher with a winning record this season.

Batting has been respectable with a .256 team average, 14th of the 30 teams.

The one bright spot has been the torrid, record-setting hitting of second-baseman Brian Dozer. He reached an impressive milestone Monday night when he hit his 40th home run of the season to become only the second Twins to reach that mark, joining Hall of Famer Harmon Killebrew.

Through Monday, he was the second player in the Majors to reach 40 homers this season, trailing Baltimore's Mark Trumbo with 41. Dozer's season high previously was 28 homers in 2015.

Five months remain before Minnesota returns here for spring training. You can be certain there will be big changes to this franchise in the interim.*

SPORTS QUIZ

1. In 2015, Eddie Rosario set a Minnesota Twins record for most triples by a rookie (15). Who had held the mark?
2. Who was the first third baseman elected to the Baseball Hall of Fame?
3. When was the last time before 2015 that the University of Oregon football team was not ranked in The Associated Press Top 25 poll?
4. The top two players on the NBA's career assists list are John Stockton (15,806) and Jason Kidd (12,091). Who is No. 3?
5. When Dallas' Jamie Benn won the Art Ross Trophy (top NHL scorer) in the 2014-15 season, it was the lowest total (87 points) by a league leader in a full season since when?
6. In 2016, bowler Anthony Simonsen (19 years, 39 days) became the youngest winner of a major championship on the PBA Tour. Who had been the youngest?
7. How many times did famed horses Affirmed and Alydar race against one another?

ANSWERS

1. Tony Oliva, who hit nine triples in 1964. 2. Jimmy Collins, in 1945. 3. It was 2009. 4. Steve Nash, with 10,335 assists. 5. Chicago's Stan Mikita tallied 87 points in the 1967-68 season. 6. Mike Aubrey was 19 years, 83 days old when he won the PBA National Championship in 1979. 7. Ten times, with Affirmed winning seven of them, including all three Triple Crown races in 1978.

Pride Of Bonita Golf Tournament

The Lion's Club of Bonita Springs announced its 3rd annual Pride of Bonita Charity Golf Tournament at Worthington Golf & Country Club in Bonita Springs on Saturday, October 29. The Worthington Course is a PGA regulation 18-hole, par 72 golf course redesigned by Chip Powell.

Registration begins at 7:30 a.m., with a shotgun start at 8:15 a.m. The four-person scramble event will also

include a Putting Challenge, Longest Drive and Hole-In-One Challenge as well as a 50/50 raffle and silent auction with fabulous prizes.

The cost is \$100 per golfer, which includes 18 holes of golf, golf cart, continental breakfast and an awards luncheon. The luncheon will be held in the clubhouse immediately following golf.

For additional information on tournament registration or sponsorships, call 992-4011 or visit www.bonitalions.org.*

Basketball Classic Lineup Revealed

The 44th annual Culligan City of Palms Classic at the new Suncoast Credit Union Arena on the campus of Florida SouthWestern State College (FSW) is set for December 16 to 21. Top boys high school basketball teams from across the U.S. will descend upon Fort Myers for six days of great basketball.

The elite teams that will come together for this Southwest Florida holiday tradition include: Brentwood Academy (Nashville), Division II Class AA Tennessee State Champion; Mae Jemison (Huntsville), Class 5A Alabama State Champion; Memphis East (Memphis), Class AAA Tennessee State Champion; Neumann-Goretti (Philadelphia), Class 3A Pennsylvania State Champion; Pace Academy (Atlanta), Class AA Georgia State Champion; and Montverde Academy (Montverde, Florida), Dick's Nationals runner-up.

Ten of the top 25 seniors in the nation will be participating in this year's event, including: ESPN #1 player in the Class of 2017, DeAndre Ayton (Hillcrest Prep, Arizona); ESPN #3 player in the Class of 2017, Wendell Carter (Pace Academy, Georgia); ESPN # 4 player

in the Class of 2017, Mohamed Bamba (Westtown School, Pennsylvania); and ESPN #7 player in the Class of 2017, Kevin Knox (Tampa Catholic, Florida).

Culligan returns for its fourth year as title sponsor, and Enterprise Rent-A-Car is presenting sponsor for the third year.

Tickets for the tournament are now on sale. Several ticket options are available, including:

1. The six-day Preferred Ticket Package. A single-seat, six-day ticket package for \$250 plus a \$20 processing fee (third party ticket vendor fee) with seating in the first two rows directly behind the team benches and scorer's table (west side of the arena) or the opposite second row (east side).

2. The six-day Reserved Ticket Package. A single-seat six-day ticket package for \$128 plus a \$9 processing fee (third party ticket vendor fee) for the remaining courtside seating (east and west sides of the arena).

3. VIP Parking. A six-day reserved parking pass for \$40 plus a \$3 processing fee (third party ticket vendor fee).

For more information and to purchase tickets, call the box office Monday through Thursday from 10 a.m. to 5 p.m. at 800-440-7469 or 481-4849. Visit www.cityofpalmsclassic.com.*



HOLTZ • MAHSHIE • DeCOSTA
ATTORNEYS AT LAW



JASON HOLTZ



ELIAS MAHSHIE



CHRIS DeCOSTA

Real Estate • Business Law • Commercial Litigation

Offices in Sanibel, Fort Myers & Punta Gorda
Phone: (239) 931-7566 • Fax: (239) 931- 7560
Email: info@hmdlegal.com • www.hmdlegal.com

Healthy Living Lecture Series:



Dr. Sal Lacagnina photo courtesy LMHS

Lee Memorial Health System is offering the next in a series of free lectures designed to cover a variety of health care topics to help improve your physical and mental well-being. These interactive and informative lectures are presented by Dr. Sal Lacagnina, system medical director of wellness and employee health.

This month's lecture will be held on Tuesday, September 20 in the Cape Coral Hospital Auxiliary Room from noon to 1 p.m.

Many GI disorders are the result of unhealthy lifestyle behaviors including

chronic heartburn (aka GERD/reflux), chronic constipation and colitis. They are created by lifestyle and they can also be corrected by lifestyle.

Join Dr. Lacagnina for an informative and interactive session to discuss how to avoid these medical problems and how to strengthen the GI tract via healthy eating and healthy living.

Seating for the lecture is limited and reservations are requested. Call the Health and Wellness registration line at 424-3234.

The Healthy Living lecture series is presented as a program of Healthy Lee, a community resource that was created to empower and inspire the people of Lee County regarding healthy lifestyle choices through education and action. HealthyLee.com offers information about what we can do locally at home, at school, and in the workplace, such as nutrition and exercise info, smoking cessation, events to attend, health fairs and more. Visit www.healthylee.com for more information.✱

College To Host Literacy Festival

The College of Education at Florida Gulf Coast University (FGCU) will host a literary festival on Friday, October 7 from 9 a.m. to 2 p.m. on The Great Campus Lawn in front of the library. The school's campus is located at 10501 FGCU Boulevard South in Fort Myers.

The festival – free and open to the public – features author sessions and book signings by Mark Wayne Adams, Edward Bloor, Sharon Flake, Debra Frasier, David Lopez, Lynn Morgan and Lisa Wroble. Andy Larson from Cranium CoRE will also make a presentation.

The festival will focus on Title I students from the five-county area. Each Title 1 student will receive a free book and the public will have the opportunity to purchase books from the authors.

For more information, call Dawn Martelli, assistant professor in the College of Education, at 590-7765.✱

Attorneys Named Best In America



David Fowler



David Platt

photos courtesy Henderson Franklin

Attorneys David Fowler and David Platt of Henderson, Franklin, Starnes & Holt, PA were recently selected for inclusion in *Best Lawyers in America* for 2017. Fowler was selected for his work in real estate law and Platt was selected for his work in trust and estate law, as well as trust and estate litigation.

Since it was first published in 1983, *Best Lawyers* has become universally regarded as the definitive guide to legal excellence. *Best Lawyers* lists are compiled based on a peer-review evaluation.

Fowler is a Florida Bar board certified real estate expert. He concentrates his practice in the areas of transactional real estate representing buyers, sellers and developers; condominium and community association law representing condominium, timeshare and homeowner associations; title insurance claims and underwriting; and construction contracts. Fowler also assists lenders with commercial and residential loan transactions, forbearance, loan restructuring and workouts.

With over 35 years of experience, Platt concentrates his practice in estate planning, estate and trust administration, commercial transactions and business entity formations. He frequently speaks and writes on estate planning and business matters for financial planners, accountants, attorneys, and the general public. Platt serves as an adjunct professor of law at the Michigan State University College of Law, and is the author of several publications.✱

Our email address is press@riverweekly.com

From page 14

Outdoor App

and women we know people don't just show up to a class and become a hunter. Rarely will someone attend a family fishing night and suddenly become an avid angler. Creating new and more active participants requires a kind of social support many new people simply don't have in their lives today. Our app seeks to fill this gap by empowering people and businesses to be there to guide a user toward their next step."

Powderhook makes money by giving brands the ability to develop relationships with their potential customers while they're new. While traveling, new to a region, new to a specific type of pursuit, or brand new to the outdoors, people are creating loyalties for the brands, businesses and organizations that help them.

Early adopting organizations on Powderhook include leading non-profit organizations including the National Wild Turkey Federation, Delta Waterfowl and Pass It On - Outdoor Mentors; and major brands including Yamaha, Cabela's and Bohning Archery.

To get the free Powderhook app, visit www.powderhook.com or search "Powderhook" in the App Store or Google Play.✱

Elegant Outdoor LIVING

The Finest in Outdoor Furnishings

Tommy Bahama, Brown Jordan, Winston, Patio Renaissance, Tropitone, Telescope, Castelle, and many more.

Bonita Springs 239-495-0900 28811 S. Tamiami Tr. (½ mile south of Bonita Beach Rd.)	Naples 239-262-0085 3666 N. Tamiami Tr. (next to Best of Everything)	South Ft. Myers 239-481-6100 15121 S. Tamiami Tr. (½ mile south of Gladiolus at Jamaica Bay & 41)
--	---	--

Designer Program~Worldwide Shipping
Outdoor Furniture and Design Specialist Since 1987

Mon.-Sat. 10am-6pm | Sunday 12-5pm | www.ElegantOutdoors.com

Voted #1 Outdoor Furniture Store. Come See Why!

SHOP OUR FORT MYERS LOCATION AND TAKE AN EXTRA 10% OFF

*No clearance or prior purchases. Minimum order \$1999

Financial Focus

Vote For Smart Investment Moves



by Jennifer Basey

The presidential election is little more than a month away. Like all elections, this one has generated considerable interest and, as a citizen, you may well be following it closely. But as an investor,

how much should you be concerned about the outcome?

Probably not as much as you might think. Historically, the financial markets have done well – and done poorly – under both Democratic and Republican administrations. Also, many factors affecting investment performance have little or nothing to do with the occupant of the White House. Consequently, no one can claim, with any certainty, that one candidate is going to be “better for the markets” than another one.

Still, this isn't to say that any given presidential administration will have no effect at all on investors. For example, a president could propose changes to the laws governing investments, and if Congress passes those laws, investors could be affected.

But in looking at the broader picture, there's not much evidence that a particular president is going to affect the overall return of your investment portfolio.

As mentioned above, many factors – corporate earnings, interest rates, foreign affairs, even natural disasters – can and will influence the financial markets. But in evaluating a president's potential effect on your investments, you also need to consider something else: Our political system does not readily accommodate radical restructuring of any kind. So it's difficult for any president to implement huge policy shifts – and that's actually good for the financial markets which, by their nature, dislike uncertainty, chaos and big changes.

The bottom line? From your viewpoint as an investor, don't worry too much about what happens in November. Instead, follow these investment strategies:

- Stay invested. If you stop investing when the market is down in an effort to cut your losses, you may miss the opportunity to participate in the next rally – and the early stages of a rally are typically when the biggest gains occur.

- Diversify. By spreading your dollars among an array of investments, such as stocks, bonds and other investments, you can help reduce the possibility of your portfolio taking a big hit if a market downturn primarily affected just one type of financial asset. Keep in mind though, that diversification can't guarantee profits or protect against all losses.

- Stay within your risk tolerance. Investing always involves risk, but you'll probably be more successful (and less stressed out) if you don't stray beyond your individual risk tolerance. At the same time, if you invest too conservatively, you might not achieve the growth potential you need to reach your goals. So you will need to strike an appropriate balance.

- Forget about chasing “hot” stocks. Many so-called “experts” encourage people to invest in today's “hot” stocks. But by the time you hear about them, these stocks – if they were ever “hot” to begin with – have probably already cooled off. More importantly, they might not have been suitable for your needs, anyway. In any case, there's really no “short cut” to investment success.

Elections – and even presidents – come and go. But when you “vote” for solid investment moves, you can help yourself make progress toward your financial goals.

This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.

Law Firm Features Speaker Series

According to Henderson, Franklin, Starnes & Holt, P.A., the launch of its 2016 C-Suite Speaker Series began on Thursday, September 15 and continues each Thursday through mid-November. The series' sessions will be held at Henderson Franklin's downtown Fort Myers office, located at 1715 Monroe Street.

During the Speaker Series, Henderson Franklin attorneys will share information and offer tips on a variety of business-related topics that companies and their executives can use from inside the boardroom all the way to the courthouse. The firm recognizes that crucial decisions are made every day inside a company's boardroom, and these decisions may have long-reaching effects that often end up as courtroom disputes.

Each session will begin with an hour of networking, cocktails, and hors d'oeuvres with industry peers at 5 p.m. It will be followed by an hour of instruction. To learn more or to register, visit: <http://henlaw.com/news-events/eventspage/>.

Topics and speakers include:

- Thursday, September 22 – Estate & Trust Planning with Eric Gurgold, Esq.

and Richard Mancini, Esq. presenting Preparing Your Estate Plan Now to Protect Your Wishes After Death.

- Thursday, October 6 – Family Law with David Sims, Esq. and Kayla Richmond, Esq. presenting How Family Law Issues Can Unexpectedly Impact Your Business and Your Bottom Line.

- Thursday, October 13 – Commercial Real Estate with Sharon Zuccaro, Esq. and Scott Beatty, Esq. presenting Tips for Negotiating Commercial Leases and Protecting Your Business in Landlord/Tenant Litigation.

- Thursday, October 27 – Employment Law with John Potanovic, Esq. and Suzanne Boy, Esq. presenting Navigating Employment Law Traps and Documentation: Tips for Business Owners and Managers.

- Thursday, November 3 – Business Law with Guy Whitesman, Esq. and John Agnew, Esq. presenting Protecting Your Business from Former Partners and Employees: Proactive Steps, Reactive Options.

- Thursday, November 17 – Construction Law with Matthew Belcastro, Esq. and Mark Schultz, Esq. presenting What You Need to Know About Construction Contracts to Protect Your Business.

For more information on Henderson Franklin, visit www.henlaw.com.

Scholarships Available For FPRA Seminar

The Florida Public Relations Association (FPRA) Southwest Florida Chapter is accepting applications for student scholarships to attend the 24th annual PR University (PRU) seminar, Navigating the Future of PR, on Thursday, October 6 from 8 a.m. to 3:30 p.m. at Florida SouthWestern State College, located at 8099 College Parkway in Fort Myers.

Through the generous support of sponsors, PRU scholarships are available, offering free admission to students and opening access to networking and learning opportunities

with professionals in the field. Breakfast and lunch are also included.

Applications are available online at www.fpraswfl.org. The application deadline is Friday, September 23. Students can also attend at a discounted rate of \$40 if not selected for the scholarship program.

Open to the public, the award-winning PR University is an annual all day professional development seminar featuring guest speakers from across the state that examine trends in the changing market and the fusion of new media opportunities with traditional communications elements.

Register online at www.fpraswfl.org. Admission is \$75 for members, \$40 for students, and \$90 for nonmembers. The cost includes a continental breakfast, lunch and refreshments.

Only Cleaner On The Island With Full-Time Tailoring

Free Pick-up & Delivery Service

5-Star Linen Service
We Press Sheets!!!!

ALTERATIONS & DRY CLEANING

2496 Palm Ridge Road #C Sanibel, FL 33957 239.579.0251	8750 Gladiolus Drive Fort Myers, FL 239.481.1954	2809 Cleveland Ave Fort Myers, FL 239.334.6406
--	--	--

ALL ABOUT HOME

REAL ESTATE EXPERT

SW Florida, Fort Myers Beach, Sanibel & Captiva Islands is All About Home

Cathie Lewis, Realtor
I will Sincerely work for You
Phone: 239-745-7367
Cathie@AllAboutHome.Life
Pfeifer Realty Group



Larry Hart being sworn-in as president of the Florida Tax Collectors Association

photo courtesy Florida Tax Collectors Association

Hart Installed As President Of The Florida Tax Collectors Association

The closing banquet of the annual Florida Tax Collector Association's Fall Education Forum on September 1 included the installation of officers, naming Lee County Tax Collector Larry Hart as president of the association. The official oath of office was administered by Circuit Judge Robert Branning.

Hart has held leadership positions over the past years for the Florida Tax Collector Association that include legislative chair, finance committee and successive vice president positions. His dynamic leadership style brings innovation and cohesive business solutions to tax collectors across the state of Florida. Hart has worked with local officials as well as many state representatives and senators to bring effective service delivery to the citizens of Florida.

As president of the FTCA, Hart is committed to serve his professional association as a strong liaison to the state agencies and local governments represented by each tax collector office. ✱

Blessings In A Backpack Now Feeds More Kids

Bonita Springs Assistance Office and Boys and Girls Club of Lehigh Acres have joined with Blessings in a Backpack of Southwest Florida to help the agency serve nearly 3,000 children with meals every weekend.

Working with eight schools in Lee County and two in Collier County, Blessings in a Backpack serves an average of 468,000 meals in a school year. By bringing in the backpack program, Bonita Springs Assistance Office now feeds 50 students every week, with the Boys and Girls Club of Lehigh Acres feeding 80 students per week.

In Southwest Florida, it's becoming increasingly difficult for parents to feed their children. Inflation, job-loss, and low wages are very real challenges for many parents. Florida ranks fourth in the United States for the number of K-12 students eligible for Federal Food Assistance programs. In Lee County, more than 62 percent of K-12 students participate in those programs.

When the school closes its doors on Friday afternoon, many of these children go home to empty cupboards

and hunger pangs for 65 hours until they return to school on Monday morning. Blessings in a Backpack steps up where federal aid stops by feeding children on the weekend. Every Friday afternoon, children receive backpacks filled with kid-friendly, ready-to-eat items. Students return every Monday morning with an empty backpack, a full stomach and an eager mind.

"The support of our partner agencies enables us to tackle the very big problem of childhood hunger on a very local level," said Blessings in a Backpack of Southwest Florida Executive Director Cecilia St. Arnold. "Bonita Springs Assistance Office and Boys and Girls Club of Lehigh Acres can identify and meet the need where it exists."

Blessings in a Backpack relies on volunteers to lead the weekend nourishment program in the local schools and the direct support of individual donors. A \$100 donation feeds an elementary school child in the program for an entire 38-week school year, including two breakfasts, two lunches, snacks and drinks every weekend.

To make a donation, visit www.blessingsinswfl.org or mail your contribution to Blessings in a Backpack, P.O. Box 61402, Fort Myers, FL 33906. All contributions are tax-deductible. ✱

Best-Selling Author Coming To Fort Myers

Wall Street Journal and The New York Times bestselling thriller writer Joseph Finder will be the featured author at Read Between The Wines, to be held from 5 to 9 p.m. on Monday, November 7 at the Club at Grandezza, located at 11481 Grande Oak Boulevard in Estero.

Read Between The Wines will begin with a wine reception and silent auction followed by a Boston-themed buffet and conversation with the author hailed as "the CEO of suspense." Finder's two most recent releases – *Guilty Minds* and *The Fixer* – will be available for purchase and signing by the author.

Reservations are required and can be purchased at www.readbetweenthewines.info. Tickets include appetizer, dinner, dessert and a glass of wine. Advance open seating tickets are \$45 and advance ticket sales close on October 1. Beginning October 2, tickets are \$50 and ticket sales close on November 1 or when sold out.

Finder is the author of 13 novels and the winner of the Strand Critics Award for Best Novel for *Buried Secrets* (2011), the International Thriller Writers Award for Best Novel for *Killer Instinct* (2006) and the winner of the Barry and Gumshoe Awards for Best Thriller for *Company Man* (2005). His novel *High*

Crimes was made into a movie starring Ashley Judd and Morgan Freeman in 2002, and *Paranoia* was made into a movie starring Liam Hemsworth, Gary Oldman and Harrison Ford in 2013. *Killer Instinct* is in development for a movie.

Finder completed a master's degree at the Harvard Russian Research Center, and later taught on the Harvard faculty. He is a founding member of the International Thriller Writers Association and active in the Council on Foreign Relations and the Association of Former Intelligence Officers.

"We are thrilled to have such an acclaimed author for Read Between The Wines," festival coordinator Margie Byers said. "Joseph Finder is one highly educated author with an intriguing background and riveting stories to tell and write."

Proceeds from Read Between The Wines will benefit the Southwest Florida Reading Festival. The festival is a free community event, scheduled for March 18, 2017 to showcase the Lee County Library System's programs and resources and promote reading and literacy. For more information, visit www.readfest.org. ✱

Read us online at
IslandSunNews.com

TWO OF THE WORLD'S
MOST EXPERIENCED
REGENERATIVE PAIN
MEDICINE EXPERTS
AT YOUR SERVICE

239.303.4069

CaringMedical.com

Caring Medical Regenerative Medicine Clinics
9738 Commerce Center Ct. Fort Myers, FL 33908



ROSS A. HAUSER, MD

TIMOTHY L. SPECIALE, DO

Stem Cell Therapy • Prolotherapy • Platelet Rich Plasma
Call us today to see if you are a candidate

Book Review

The Transplant Web



by Di Saggau

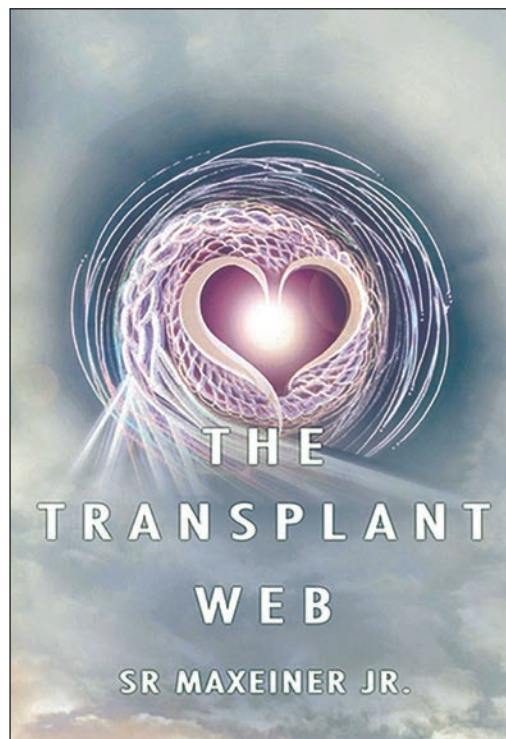
If you have ever wondered what it was like for the first surgeons to perform transplantation of vital organs from a generous donor

to a desperate recipient, be sure to pick up a copy of Bob Maxeiner's latest book, *The Transplant Web*.

Maxeiner, a long time member of a Sanibel Writers Group, allows the reader to enter the complex and deeply emotional world of transplantation. The book is mostly set in 1985, when transplant surgery was just beginning. Thanks to a drug called Cyclosporine, the floodgates opened for successful transplants in numerous hospitals similar to the fictional one talked about in the book.

We first meet Dr. Dana Garrison, chief resident for the hospital. She stands a mere five-foot, one-inch tall, but towers above others in her abilities to make the right decision for her patients. The nemesis of her existence is Dr. Sandor Oliver Brovek, professor of surgery and terror of medical students. Even after Dana performs life-saving surgery for a friend of Sandor, he questions her actions and gives her the third degree. Dana stands firm.

The book reminds everyone about the need for donor organs and is an inspiration to become donors. When asked what he wants people to think about after reading the book, Maxeiner said, "To focus on how precious are life and



health." Each chapter bears a person's name so we understand how they feel in various situations. It works well.

We meet one special nurse who fights for patients rights. There's Dr. Lancelot Rudd, a talented surgeon with a health condition he keeps secret. The characters in the book are complex, yet very real, and we learn to care about them be they donor, patient or physician. Maxeiner told me that while they are all fictional characters, "They are all built from values and integrities, dedications, sacrifices and motives of people who are dedicated to the service of their careers," he said.

The Transplant Web takes you inside the operating room as life saving surgery is performed. You gain even more respect for the medical profession, the decisions they make and for the donors who give life to others. There is another story woven into the book that involves property the hospital needs to expand their transplant work. You will like the way it works out. Certain paragraphs deal with the year 2014 as Dana explains what has transpired since she was chief resident.

Maxeiner captures the delicate relationships that existed during a time of tragedy and how the first surgeons must have felt performing such life saving operations. It had to have been a thrilling time. The web consists of the professional staff, the patient, the donor, relatives and friends. All those lives are intertwined. The book is a gripping story of patients at the last edge of hope, and of nurses and doctors who can restore them to life, if donor organs can be found in time.

I thoroughly enjoyed reading *The Transplant Web*. It's available at island book stores and online at www.bluewaterpress.com/web.✱

School Smart



by Shelley M. Greggs, NCSF

Dear Shelley,

My son, who's in second grade and very shy, is going to a new school now. He has asthma and of course I'm worried that he will have an

attack and I won't be there to help him. Do you have any ideas that might help him cope with his asthma in his new school?

Lori B., Fort Myers

Lori,

You have presented an important situation. Any child with a chronic condition should have a plan to help him/her cope with their illness in the classroom. While as parents we want to protect our children and take care of them its very important for kids to learn how to speak up about their condition and advocate for themselves. I have listed five strategies listed below that are useful for children, their parents and teachers learn how to manage serious health conditions at school:

1. Teach your child about their asthma or other health condition.

One of the most important things you can do as a parent is to empower your child to talk about their illness and speak up when they are not feeling well. Children need to understand their disease and know what signs to look for so they can ask for help before their condition gets out of control.

2. Role-play with your child about ways to discuss their health issues.

Role-playing is one way to get your child comfortable talking about their illness. Role-playing will allow them to have a "script" to use when they are in an uncomfortable situation. The more they practice at home, talking about how they are feeling, the better they will be at speaking up when they have to.

3. Talk with your child's teacher and school nurse.

Talking with your child's school nurse and teacher are essential in getting everyone on board with their specific health action plan. Make sure to include your child in these conversations, the more comfortable your child is talking with their teachers and school nurse the safer they will be with health-wise at school.

4. Assure your child they will not be in trouble for interruptions.

One of the issues that children with chronic illness often have with speaking up in class is not wanting to get in trouble for disrupting class. Assure them that they will not be considered disruptive in this type of situation. It is also important to teach your child that if they are ignored that they have your permission to leave class and go to the nurse. They need to know that in those instances their health comes before classroom rules or being polite.

5. Offer a code or signal option to notify teachers about breathing issues.

If your child is really shy or embarrassed about their health it can be helpful to work out a code with the teacher that doesn't draw even more attention to your child but still allows them to get the care they need quickly. Work with all of your child's teachers to come up with a consistent method of informing them that does not embarrass your child.

Kids learn through repetition so review these ideas with them often. The more you talk about and practice these skills the more comfortable your child will be with them if an emergency situation does occur. Using these tips can help teach your child to be their own best advocate when you aren't there to advocate for them.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✱

Available at
www.AMAZON.COM
EDITORIALRXPRESS.COM

Female Pioneers of Fort Myers

Women Who Made a Difference in the City's Development

By Robin C. Tuthill and Thomas P. Hall

"Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too."

Gerri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*

Pharmacist Of The Year



Tina Gegeckas photo courtesy LMHS

Christine "Tina" Gegeckas, RPh, BCOP, pharmacy director at the Regional Cancer Center, earned the 2016 Pharmacist of the Year Award from the Florida Society of Health-System Pharmacists (FSHP).

Gegeckas earned her bachelor of science degree in pharmacy from the Philadelphia College of Pharmacy and Science. She is a board-certified oncology pharmacist and an active member and immediate past president of the FSHP. She also is a member of the American Society of Health-System Pharmacists and the Hematology/Oncology Pharmacy Association.

"This is quite an honor," said Sharon MacDonald, chief administrative officer, Oncology and Home Health Services for Lee Memorial Health System. "We are very proud of Tina, and appreciate her dedicated leadership and her commitment to providing the highest level of care."

The Pharmacist of the Year Award is given annually to a Florida pharmacist who is recognized for his or her outstanding performance and achievements during his or her pharmacy career. Nominees for the award are judged on self-improvement efforts; job accomplishments or contributions to the general welfare of the community; creativeness; adaptability to his or her surroundings; his or her ability to get along with others; and participations in advisory councils committees and/or board activities. Winners are selected by a committee of past award recipients.✱

VCB Wins Top Tourism Award

The Lee County Visitor & Convention Bureau (VCB) earned its 26th Henry Award, along with a Silver and a Bronze Award, at the 49th annual Florida Governor's Conference on Tourism in Orlando.

The honors were presented on September 7 as part of the Flagler Awards program. The awards are sponsored by Visit Florida and the Florida Commission on Tourism.

"We are thankful for this recognition from Visit Florida and the Florida Commission on Tourism," said VCB Executive Director Tamara Pigott. "We appreciate their partnership and support over the years."

The Flagler Awards recognize outstanding tourism marketing in Florida. The awards honor individuals and organizations that help maintain and improve the state's reputation as a popular travel destination. Eight out-of-state judges examined 255 entries in 17 categories.

This year, the VCB was honored with the following:

- Henry Award for Island Findings Digital Campaign in the Internet Advertising category
- Silver Award for Song & Chance 2 in the Social Media Marketing category
- Bronze Award for Summer Getaway in the Radio Advertising category

Island Findings Digital Campaign had a goal of delivering a Florida beach message to new and younger potential vacationers during the trip-planning phase by having local residents share stories via video about the unique and natural characteristics of the Fort Myers/Sanibel Island area.

The campaign also aimed to reach the

same person across all devices. As a result, more than 86 percent of all visits to the Island Findings landing page on FortMyers-Sanibel.com came from new visitors. In addition, the goal to increase bed tax revenue year-over-year by 3.5 percent was exceeded with a 7 percent increase from March 2015 through February 2016.

The Silver Award for Song & Chance 2 was achieved by creating buzz and awareness around The Beaches of Fort Myers & Sanibel's 2nd annual Island Hopper Songwriter Fest. The campaign ran from August to September 2015, and included a contest calling for songwriters to submit an original song to the application on the destination's Facebook page. Facebook advertising was utilized to target songwriters in key markets for entry outreach. The Facebook audience then voted on their favorite song. The winner received a trip to the destination and a chance to perform at the festival.

The campaign exceeded its goal in all categories. It generated 155 song entries and received 13,200 votes.

The Bronze Award for the Summer Getaway radio commercial resulted from a campaign developed specifically to air in Miami, Tampa, Orlando and West Palm Beach, June 1 through 21, 2015. The commercial asked consumers to escape the hustle and bustle of their everyday lives and be saved by the shells on the beaches of Fort Myers and Sanibel.

The radio campaign generated 3,878,100 impressions. It helped increase both visitation to these four markets and bed tax revenue during the spring/summer season.

The winning Flagler Award submissions were evaluated on creativity, innovation, production, quality and effectiveness.

For more information, visit FortMyers-Sanibel.com.✱

Marketing Firm Names Strategist



Ryan Sheehy photo courtesy CONRIC PR

In preparation for its 10-year anniversary, CONRIC PR & Marketing has named Ryan Sheehy, APR, to lead its creative marketing and communications team. Sheehy launched her career in Orlando, and has more than 16 years' experience representing companies such as Broadway Across America and SeaWorld Parks & Entertainment.

As CONRIC's chief marketing

strategist, Sheehy will help drive the development of client campaigns. She will also be involved in the company's plans for expansion, as well as oversee the creative storytelling process for clientele.

"CONRIC PR & Marketing is evolving to meet the ever-changing needs of our clients, and Ryan has both the credentials and creative mojo and moxie to deliver breakthrough campaigns. Ryan's experience and track record is extraordinary. She built her own PR firm in Austin, Texas, she's represented world-renowned clients and she's a former university lecturer. Her senior level of experience will greatly benefit our clients, and her passion for mentorship will undoubtedly pull out the very best from our team," said Connie Ramos-Williams, CONRIC PR & Marketing president.

Sheehy holds a masters of arts in corporate communication and technology from Rollins College and a bachelor of arts in advertising & public relations from the University of Central Florida.✱

To advertise in
The River Weekly News
Call 395-1213

Help Set a
NATIONAL RECORD for the
Partners Human Pink Ribbon

**SATURDAY
OCTOBER 29**

**JET BLUE PARK
9-11 AM**

Participants will be forming the human ribbon holding uniform pink umbrellas. Each \$20 donation will receive one umbrella, yours to keep. Registration is \$10 if you bring your umbrella from last year's event.

Partners
for Breast Cancer Care, Inc.

For more information visit www.pfbcc.org or call 239-454-8583. **RAIN OR SHINE**

dearRPharmacist

This Is How You Feed Your Brain



by Suzy Cohen, RPH

Dear Readers:

The biggest fear that older people face is Alzheimer's disease, where memory and cognition begin to fade. I recently reviewed a client's list of medications

and he was taking two drugs to preserve brain function, Aricept and Namenda. These drugs are useful to some degree, but I feel that there are foods, spices and herbs in your own kitchen that go a long way to preserve cognitive function, stabilize mood and lower levels of anxiety.

I absolutely love spices that heal, so much so that I have a free ebook, *Spices that Heal*, which you can download at my website suzycohen.com. This ebook talks about spices that heal all kinds of conditions. Now, here is how you properly feed your brain:

Put hemp seeds in your salad. Hulled hemp seeds put healthy fats into your body, and offset the bad fats typical of an American diet. Hemp seeds have practically no THC, the psychoactive compound found in marijuana. They have a perfect 3:1 ratio of omega 6 to omega 3 fatty acids. Put a tablespoon (daily) on your salad, scrambled eggs or roasted vegetables.

Sprinkle my recipe for Brainpower Season Salt. Mix together the following 6 seasonings in equal amounts and put into an empty salt shaker. Sprinkle as desired: Rosemary, powdered gotu kola (get from an apothecary), Himalayan salt, onion powder, powdered garlic (not garlic salt) and powdered turmeric.

Eat mushrooms. I'm not talking Portobellos, I'm referring to Lion's Mane which gives us the active ingredient of *Hericum erinaceus*. Lion's Mane is sold as a dietary supplement, and known for its potent neuroregenerative powers. I buy the real mushrooms in the fresh produce section and butter saute them with Brussels sprouts and garlic. Lion's Mane is a neurotrophic so it's my pick for you if you have any kind of brain damage from anything (trauma, benzos, mold, etc).

Drink Juice. We all think of antioxidants as a dietary supplement, like Vitamin C, for example. Citrus juice is a great source of natural vitamin C so a few ounces of orange juice would provide natural C which helps you make dopamine, serotonin and other neurotransmitters that a healthy brain requires.

Eat Foliage. By foilage, I mean salads and greens to give you folate, the natural form of the synthetic vitamin "folic acid." Leafy greens like kale, spinach, broccoli, Swiss chard and lettuce have a lot of folate. Greens also provide powerful antioxidants so eat something green every day. I recommend you cook cruciferous vegetables in order to reduce goitrogens. Obviously, you don't cook the lettuce.

Say "Yes" when they offer black pepper. The servers will often ask if you want black pepper on your salad at restaurants. Say yes next time because piperine, the primary component of black pepper slows the break down of serotonin and raises other feel-good endorphins. Studies are ongoing for black pepper's role in Alzheimer's and Parkinson's disease.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✽✽

physical deficits which may benefit from therapy intervention. Participants are also provided with a list of resources including seminars, group exercise classes and support meetings throughout Lee County.

A physical therapist will address mobility concerns, an occupational therapist will address self-care activities and home management, and a speech language pathologist will discuss communication and swallowing concerns.

Resources related to education, support group, exercise group and identification of individualized therapy needs will be provided and a report of recommendations sent to a health care professional of choice.✽✽

Read us online at
IslandSunNews.com

Doctor and Dietician

Loss Of Grip Strength And The Thumb



by Ross Hauser, MD
and Marion Hauser, MS, RD

When it comes to hand pain, the most common problem involves the thumb, because of its unique role in the hand's function.

Whenever a doorknob is turned, a screwdriver is used, or a golf club is held, the thumb is part of the action. With typing and texting, the thumb is the main player. The repetitive motion eventually wears out the ligaments that support the thumbs. They may start to click and feel weak, and eventually result in pain and stiffness.

Because thumbs have to work so much harder than fingers, it is usually the first to elicit pain and soreness. The instability will also affect grip strength and cause problems with movement.

The thumb ligament that joins

the wrist to the base of the thumb is called the radial collateral ligament, the same name as the ligament inside the elbow. The thumb ligament that joins the base of the thumb to the succeeding joint is the collateral ligament. These two joints of the thumb, called the carpometacarpal and metacarpophalangeal are usually the first areas where pain is experienced. If the ligaments in these joints are not strengthened, arthritis will eventually occur. The looser the joint, the greater the chance it has of becoming arthritic, as the body attempts to stabilize it by overgrowing bone.

Arthritis in the thumb is a major cause of disability in older adults. The progression of osteoarthritis can stop when the ligaments become strong and are able to stabilize the joint. For stiff and sore hands and thumbs, regenerative injection treatment (known as Prolotherapy) is a welcomed alternative to anti-inflammatory pain medication (NSAIDs), which actually accelerates arthritis.

Once the ligaments are strengthened, the pain and stiffness in the thumbs and fingers generally subside.

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.✽✽

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

I have been a widow for over 40 years, a widow longer than I was married. My friends are always asking me when am I going to give up my apartment and go to a retirement living complex. I am happy living alone – I

drive my own car, walk a mile each day and play bridge at least three times a week.

I am not ready to go and live around all those old people. I know I am 92 years old because my one knee tells me so. But I am going to have that replaced in three weeks and when it heals, I will be able to walk two miles each day.

Why do others go into all of these places?

Agnes

Dear Agnes,

I wish I could meet you! You are an inspiration and younger people should listen to your philosophy of life.

Some people find aging to be a very difficult adventure and depend on others to meet their needs. I wish there were more people like you!

Lizzie

Dear Agnes,

Hats off to you! Living as you want without caving in to the pressures of society that if you are of a certain age you should do or not do certain things or live in a certain place... blah, blah, blah. Life is meant to be lived... continue living and setting a wonderful example for younger generations.

Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.✽✽

PETS OF THE WEEK

Tango is a 2-year-old male chihuahua mix who was a shy little guy when he first came to the shelter, but has slowly warmed up to people and is a regular ladies' man now. He's very affectionate and loves a good belly rub anytime. Why not let this little Tango dance into your life?

His adoption fee is \$30 (regularly \$75) during Animal Services' Hot Dogs and Cool Cats September adoption promotion.

Rhonda is a 1-year-old domestic short haired spayed female who is one of the many beautiful black cats still waiting for a forever home at Animal Services. There are so many reasons to select a black cat as your next companion. Black cats are sleek and sophisticated, always dressed for any occasion – whether formal or casual – and most of all, they are good luck because they will make you feel like the luckiest person in the world. Help Rhonda and her friends by adding a beautiful black cat to your family. Adopt two because they are two-for-one adoption fee.

Her adoption fee is \$30 (regularly \$75) during Animal Services' Hot Dogs and Cool Cats September adoption promotion.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.*



Tango ID# 671887



Rhonda ID# 668349

PAWS Of Sanibel

Buzz Needs A Home

Buzz is a black male lab mix. He has a few grey whiskers on his nose and is approximately 5 years old. He is small for a lab, weighing in at 45 to 50 pounds.

Buzz is soooooo sweet, very affectionate and has stayed close to his foster dad these past three months. He is so smart that he gets his own leash and brings it to his foster dad to say he wants to go out for a walk.

Poor little Buzz was abandoned by his owner and his foster dad can longer care for him. Can you use a little Buzz in your life? Buzz is in desperate need of a foster home. Call Yolanda, PAWS volunteer, at 691-4488 if you can adopt or foster Buzz.*



Buzz

photo courtesy PAWS of Sanibel

THE RIVER WEEKLY NEWS

Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

CLUBS & ORGANIZATIONS

Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Chorale Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE(National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118

Kiwanis Clubs:

Fort Myers Beach	765-4254 or 454-8090
Fort Myers Edison	694-1056
Fort Myers South	691-1405
Gateway to the Islands	218-5768
Iona-McGregor	482-0869

Lions Clubs:

Fort Myers Beach	463-9738
Fort Myers High Noon	466-4228
Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

AREA ATTRACTIONS

Bailey-Matthews Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to:
press@riverweekly.com

PUZZLES

Answers on page 29

Super Crossword

BODY OF LITERATURE

- ACROSS**
- 1 Kids' racers
8 "Need —?" (driver's offer)
13 Lamenting loudly
20 Very devoted fans
21 Ecclesiastic deputy
22 Tallinn locale
23 Start of a riddle
26 Bicycle pair
27 Diamond cry
28 Novi Sad native
29 Bowling alley lineup
30 Oath affirmation
31 Covenants
33 Nativity kings
35 Riddle, part 2
43 Beluga eggs
44 Herr's Mrs.
45 Burnsian negative
46 Magazine printer, e.g.
48 Sothern and Dvorak
50 Spirals
53 1970s teen idol Cassidy
56 "On top of that ..."
- 57 Abbot's hat
59 Riddle, part 3
62 Attach with glue
64 Apple's Cook
65 Hill staffer
66 Post-Q queue
67 Part of SFPD
68 Riddle, part 4
71 "How exciting!"
73 Women with young 'uns
76 Surrender formally
78 Responses of rejection
79 Rock Me! is one of her fragrances
83 Riddle, part 5
88 Coin-op openings
89 Sunscreen additive
90 Elbow-to-wrist links
91 Party givers
93 Coal, e.g.
94 Advil rival
96 Sportscaster Berman
- 98 — rock (Jethro Tull's genre)
100 Nonsense song syllable
101 End of the riddle
107 Shipped
108 Put — to (stop)
109 "— Rheingold"
110 Swiss — (beet type)
114 Pleads
117 Hostess — Balls
118 Doc's stitch
121 Riddle's answer
125 Puts holy oil on
126 Old Oldsmobile
127 Cut off
128 Of Switzerland's capital
129 Copier need
130 Stirred up
- DOWN**
- 1 Catch a quick breath
2 Garfield's canine pal
3 Salt, relish and mustard
4 Pinball site
5 List quickly
- 6 Baseballer Speaker
7 Old booming jet, briefly
8 Affirm frankly
9 Ray of "Blow"
10 "Ewww!"
11 Online help sheets
12 See 72-Down
13 Place for suite spirits?
14 Ending of enzyme names
15 Right-leaning type
16 1970 Kinks hit
17 Wise to
18 Three trios
19 Chokes
24 Perfectly
25 — la Douce (film title role)
31 Social protest with supplication
32 Depot: Abbr.
34 Got closer to, in a race
35 Disney dog
36 Old Aegean Sea region
37 Kin of .com
38 Wine holder
39 Sly laugh syllables
- 40 99-Down, for one
41 Calculus pioneer
42 Lies dormant
47 Tooth part
49 Court units
51 Opposite of west, to Juan
52 Thug's blade
54 Lickety-split
55 Major news agcy., once
58 Get to
60 Church service cries
61 Seeming eternities
63 A sixteenth of a pint
68 Celebrity cook Paula
69 Sea arm, to a Scot
70 Norway port
72 With 12-Down, only partially accurate
73 Sir's partner
74 Give the OK
75 Poky animal
77 Fast Net connection
79 Pippi creator Lindgren
80 Juba is its capital
- 81 Prenatal places
82 Shia's faith
84 Start for byte
85 Galleria
86 Found a purpose for
87 Madrileño's language
92 Lay turf on
95 "The end!"
97 Magic's gp.
99 Old Russian ruler Boris
102 Safe, to a ballplayer
103 Runnin' Rebels' rivals
104 Guarantee
105 Golden age
106 Femme —
110 Sourpuss
111 Refine
112 Ovid's love
113 It pulls a bit
115 Black fly, e.g.
116 French town W. of Caen
118 "Yes, yes!" in 87-Down
119 Per-unit price
120 Gawked at
122 Lb. and kg.
123 Stiller of films
124 Up to, in brief

1	2	3	4	5	6	7		8	9	10	11	12		13	14	15	16	17	18	19
20								21						22						
23								24						25						
26								27				28				29				
		30						31			32		33		34					
35	36					37					38	39				40	41	42		
43				44						45				46					47	
48			49		50			51	52		53		54	55			56			
57				58		59				60						61				
62					63			64					65					66		
			67					68				69	70		71		72			
73	74	75		76		77				78				79				80	81	82
83			84							85	86			87			88			
89					90						91				92		93			
94				95				96		97			98			99		100		
	101							102	103				104	105				106		
						107							108					109		
110	111	112	113					114			115	116		117					118	
121						122							123					124		
125																		127		
128																				

King Crossword

- ACROSS**
- 1 Blonde shade
4 Unkempt one
8 Old portico
12 Adversary
13 Hemingway nickname
14 Freshwater fish
15 Every crumb
16 Courtroom call
17 Leak slowly
18 Couch potato's gizmo
21 Supporting
22 Feedbag morsel
23 Bad lighting?
26 Firmament
27 Explanation
30 At the home of
31 Feathery accessory
32 Oliver Twist's request
33 Heavy weight
34 Saute
35 River barrier
36 "No seats" sign
37 Stewie, to Lois
38 Reunion invitee, maybe
45 Teen's woe
46 Go fast
47 Corroded
48 Slay
49 Sea eagle
- 50 Not a lot
51 Not taken in by
52 Clarinet insert
53 Type units
- wielder of myth
10 Anise-flavored liqueur
11 First victim
19 "The Wizard —"
20 Aye undoer
23 Performance
24 Pi follower
25 D.C. pol
26 Sauce source
27 Carpool-lane abbr.
28 Raw rock
29 Teensy
31 Faux-suntan cosmetic
- 32 Options list
34 Monk's address
35 Appeared ominously
36 Dictator's aide
37 Teatime treat
38 Pedestal part
39 PC picture
40 Fit of peevishness
41 Sped
42 Out of harm's way
43 Thing
44 Information
- DOWN**
- 1 Off
2 Unrivaled
3 Steering wheel
4 Exact
5 Tier
6 Oil cartel
7 Rocket launcher
8 "Ivanhoe" author
9 Hammer

CALIFORNIAN MAGIC MAZE ● FRUITS AND NUTS

A P M J H E C Z X U S Q N L J
A G E C Z (P I S T A C H I O) X
V O T V T R P N U L J H E C G
O A G U Y W V T N R P N L R K
C I G N N E C B L D Z X A W P
A U S R A T P O E W N P M T A
D L J I C M S C Z G E O E U P
O L I V E G N E A S D H M N A
B A Y X P I E E H C Y L S L Y
W U T S U F Q T O C I R P A A
P O N Q L K J H G F D C B W C

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Almond Fig Mango Pistachio
Apricot Grapes Olive Quince
Cashew Hazelnut Papaya Walnut
Chestnut Lychee Pecan



Grouper Oriental

- 1/2 cup soy sauce
- 1/2 teaspoon toasted sesame oil
- 1 clove garlic, crushed
- 1 teaspoon green onions, diced
- 4 tablespoons hoisin sauce
- 1/4 teaspoon fresh ginger, minced
- 1/2 teaspoon brown sugar
- 4 six-ounce grouper fillets
- 1/2 teaspoon Chinese 5 Spice powder
- Kosher salt, to taste
- Fresh ground black pepper, to taste
- 1/2 cup corn starch or rice flour
- 2 tablespoons olive oil
- 2 tablespoons unsalted butter

For sauce, combine soy sauce, sesame oil, garlic, green onion, hoisin sauce, ginger and sugar in a small mixing bowl. Mix well, adding additional hoisin sauce to thicken mixture if needed. Cover and refrigerate for 1 to 2 hours to blend flavors.

To serve, heat sauce in a small saucepan and keep warm. Sprinkle fillets with seasonings and dredge in corn starch or rice flour. Heat oil and butter in a large sauté pan over medium-high heat. When butter foams, add fillets; cook 4 minutes per side or until opaque in center. Transfer fillets to serving plate and serve with sauce on the side.

Yields four servings*



Grouper Oriental

photo courtesy Fresh From Florida

To advertise in *The River Weekly News* Call 395-1213

PROFESSIONAL DIRECTORY

CONTRACTOR

**Surfside
Home Improvements
Aluminum & Remodeling**

- Bathrooms • Kitchens
- Lanai Enclosures
- Windows • Screen Rooms • Decks
- Railings • Safety Tubs • Doors
- Add a Room or Garage
- Outdoor Kitchens • Storm Shutters
- and Much More

\$500. OFF WITH AD
cbc1261010
239-936-0836
Family owned, 40 Years Local

VETERINARY SERVICES

**EDISON
Park
Animal Hospital**

2035 McGregor Blvd
Fort Myers, FL 33901
www.edisonparkanimalhospital.com

Dr. Sharon Powell
Phone: (239) 689-3525
Fax: (239) 791-8852
Email: edisonparkpets@gmail.com

"Wir Sprechen Deutsch"

FILM SOCIETY

Film Society of Southwest Florida

For movie lovers who appreciate all aspects of film.

Meeting Location
Community Room - Robb & Stucky

4:30 to 5:30 p.m.
Second Monday of each month

President, Di Saggau
239-466-4707

FISHING CHARTER

Light Tackle Sport Fishing
Tarpon • Snook • Redfish
& More

CAPT. MATT MITCHELL

USCG
Licensed
& Insured

C: (239) 340-8651
www.captmattmitchell.com
email: captmattmitchell@aol.com

★ ★ ★ CLASSIFIED ★ CLASSIFIED ★ ★ ★

COMMERCIAL RENTAL

OFFICE SPACE FOR RENT

Great office space for rent.
Great location,
700 square feet on Periwinkle.
Call Joe Gil 516-972-2883
or 800-592-0009.

*NS 4/24 CC TFN

WONDERFUL RENTAL IN POPULAR LOCATION ON SANIBEL



2 Rooms, Bathroom,
Approx. 1,000 sq. feet.
This was Molnar Electric's old office.
Call Judy at 239-851-4073.

*RS 8/5 CC TFN

REAL ESTATE

GARCIA REAL ESTATE AND CONSULTING



RICHARD J. GARCIA, GRI, BROKER
239-472-5147

garciaonsanibel.com

Offering Personal, Private, and
Professional Real Estate Services on
Sanibel and Captiva Islands.
30 Year Resident of Sanibel.
Licensed in Florida, New York,
Pennsylvania and New Jersey.

*RS 4/29 CC TFN

LOAN NEEDED

LOAN NEEDED

Looking for private investor loan to
consolidate personal debt. I live on Sanibel
and can offer second mortgage on my
home. Amount needed is \$150,000. This
will payoff existing debt.
Please respond to
sanibelforme@hotmail.com

*NS 7/22 CC TFN

ANNUAL RENTAL

ANNUAL RENTALS SANIBEL

EAST END

This 3 bedroom/2 bath UF, ground Level
home, recent paint, new carpet, all
appliances, large screen porch, double
carport, and just minutes to walk to Bay or
Gulf Beach. \$1,950/Mo.

LAKE FRONT

This UF 2/2 condo has fresh paint,
new carpet, and Huge lanai overlooking
Lake. Gated complex, with clubhouse,
pool & tennis, covered parking. No Pets.
S. Ft. Myers, close to beaches.
\$1,400/Mo.

Please call for details



472-6747

Gulf Beach Properties, Inc.

Helping People Become Islanders for over 35 years!
The Island Experience!

*RS 9/16 BM TFN

ANNUAL RENTAL

Lovely 3/2 house in the Dunes. Available
9/1/16. Big yard/new AC/great location/
huge two car garage and storage area
downstairs. Call Dan at 239-470-1342,
\$2,450 monthly.

*NS 8/12 CC TFN

VACATION RENTAL

LIGHTHOUSE REALTY

Paul J. Morris, Broker
VACATION RENTALS
PROPERTY MANAGEMENT & SALES
359 Periwinkle Way, Sanibel Island
239-579-0511

*RS 1/4 CC TFN

Island Vacations

Of Sanibel & Captiva

Million \$ Views Await You!

• Cottages • Condos • Homes •
Miles of Beaches & Bike Paths

239-472-7277

1-888-451-7277

*RS 1/4 BM TFN

SEASONAL RENTAL

CONDO

1 bedroom waterfront ground floor
condo for rent.
Mariner Pointe Sanibel. Weekly or monthly.
Visit our website for full description,
photos & rates
Web: SanibelWaterview1bedroom.com

*RS 8/26 CC 9/23

SEASONAL RENTAL

RE/MAX OF THE ISLANDS

Putting owners and
tenants together
Call Ryan Block
www.remax-oftheislands.com
239-472-2311

*RS 1/23 BM TFN

SERVICES OFFERED

RESIDENTIAL CLEANING SERVICES

Weekly/By-weekly/Spring cleaning/
Move ins/Move outs/Rental cleaning
HONEST AND REALIBLE
Russian housekeeper Vera
Please call 239-910-5927

*NS 9/16 CC 9/30

MAINTENANCE SPECIALIST

Retired contractor living on the island year
round with knowledge and experience
in all facets of maintenance both
residential and commercial. 40 years of
experience. Dependable and professional.
Kendeelake@yahoo.com or 573-280-5415

*NS 9/16 CC 9/23

HOLISTIC HOME CLEANING

Optimize your health and home
Utilizing vinegar, hydrogen peroxide,
citrus, soda, and isopropyl alcohol
Sonya @ 239-246-7007

*RS 8/19 CC TFN

HELLE'S CLEANING SERVICES

Residential Cleaning to Satisfaction
Sanibel & Captiva • 239-565-0471
Sanibel Lic. #11412 Lee Co. Lic. #051047

*NS 1/4 PC TFN

SCARNATO LAWN SERVICE

Lawn Service, Shrubs and Tree Trimming
Weeding, Installation of Plants, Trees and
Mulch (one month free service available)
Joe Scarnato (239) 849-6163
scarnatolawn@aol.com

*RS 1/25 BM TFN

POOL & SPA SERVICES

Aqua Smart Pool & Spa Services, Inc.
772-1955
Servicing Residential & Commercial Pools!
* Weekly Maintenance Service
License & Insured

*NS 5/20 CC TFN

SERVICES OFFERED

ROGER NODRUFF ELECTRIC

Lic# EC12002788.
Call Roger 239-707-7203.
Aqualink - Motor Controls.
Office & Store Maint.

*RS 6/7 CC TFN

CLEANING SERVICES

New Client Incentives
Sanibel Captiva Iona McGregor
239-233-2152 #14948

*NS 8/19 CC 10/21

SANIBEL HOME WATCH SERVICES

Will Check Your Home Weekly/Biweekly
Very Reasonable Rates
Licensed - Insured - Bonded
239-322-8054 Sanibelhw@gmail.com

*NS 9/16 CC TFN

BOATS - CANOES - KAYAKS

DOCKAGE

Hourly, Daily, Weekly
and Monthly.
Captiva Island 472-5800

*RS 1/4 NC TFN

AUTO FOR SALE

LEXUS 2002 RX300

Perfect island car or teenage driver
car--Lexus 2002 RX300, 141k miles,
well-maintained, black ext/beige int. Runs
great-new tires/brakes-new timing belt,
everything works! Minor bumper dings,
\$6,950 text or call Jim 239-233-6061

*NS 9/9 CC 9/16

HELP WANTED

BECOME A SENIOR COMPANION VOLUNTEER

Volunteers provide companionship and
friendship to frail elderly individuals who
are homebound and generally living
alone. Seniors Receive: Tax-free Stipend
of \$2.65/hr., Mileage reimbursement of
\$.40/mile, Paid Holiday, Vacation, & Sick
leave. Volunteers, age 55 and older, able
to volunteer at least 15 hours per week are
urged to call today.

Dr Piper Center for Social Services, Inc.,
Tel: (239) 332-5346 or (800) 332-5346

*NS 7/1 NC TFN

HELP WANTED

LOCAL BABYSITTERS NEEDED

Sitters needed to refer to guests on San/
Cap. \$12+ hr. Must have transportation.
Need to fill 10 referral positions. Contact
239-410-4421/sancapsitter@gmail.com

*NS 9/2 CC 9/23

REAL ESTATE ADMINISTRATOR

Royal Shell Real Estate is seeking a
dependable, well-qualified individual
for an extremely busy office.
Part-time weekend position & possibly
other days as needed. Email resume to:
danielle@royalshellsales.com

*NS 8/5 CC TFN

JERRY'S FOODS WAITRESSES OR WAITERS

Part Time Evening And Weekend Front
End Associates Needed. Looking for
energetic, personable, and fun
individuals, with open availability
Monday through Sunday.
If interested call and ask for
John, Tami, or Norm 472-9300.

*NS 5/6 BM TFN

COSTUME MASTER/MISTRESS

Sought: Part Time
Wardrobe mistress/master
for The Laboratory Theater of Florida.
This position will work under the direction
of the Production Manager and
Artistic Director.

Primary duties are to organize and
maintain inventory of wardrobe and
costumes, and to advise Production
Manager and Directors as
to available wardrobe inventory.

This is a volunteer, community service,
part-time as-needed position and could
become longer term for a candidate with
the right fit and drive. Stipend is available.
Students and retirees

can contact:

info@laboratorytheaterflorida.com or
239-218-0481.

*NS 8/26 NC TFN

LOST AND FOUND

ENGAGEMENT RING LOST

Engagement ring lost at the Lighthouse
Beach by the big driftwood tree on 4/28/16
in the water. If anyone finds, please contact
the Sanibel Police or call 864-704-5135.

*NS 5/13 NC TFN



Gulfshore Ballet performing *A Midsummer Night's Dream*

photo courtesy Bob Mooney

Gulfshore Ballet Relocating

Gulfshore Ballet is relocating to a larger, better-equipped facility that will enable the nonprofit to expand its reach and train more dancers. With the goal of opening in January 2017, the company plans to move two miles south of its longtime Andrea Lane address to 5636 Youngquist Drive, just east of U.S. 41.

The new facility boasts more than 6,000 square feet, nearly 2,400 square feet more than the current location.

The classical ballet school will offer three, fully equipped studios complete with mirrors, barres, flooring and sound system, along with an improved parent waiting

room, enhanced office facilities, increased storage and better accessibility for Gulfshore Ballet families.

“After 16 years of establishing the standard of excellence in dance in Southwest Florida, this expansion is pivotal to the growth of Gulfshore Ballet,” said Lisa Tafel, executive director. “We’re thrilled to enhance our instruction offerings, grow enrollment and expand the school’s reach in the community.”

The new facilities will also allow the nonprofit to continue expanding free community outreach programs, which currently offer classical ballet programs to other charitable organizations such as The Quality Life Center.

Under the artistic direction of former Miami City Ballet principals Iliana Lopez and Franklin Gamero, Gulfshore Ballet trains nearly 100 male and female students, age 4 through adult, each year. Learn more online at gsballet.org.

From page 15

CROW Case

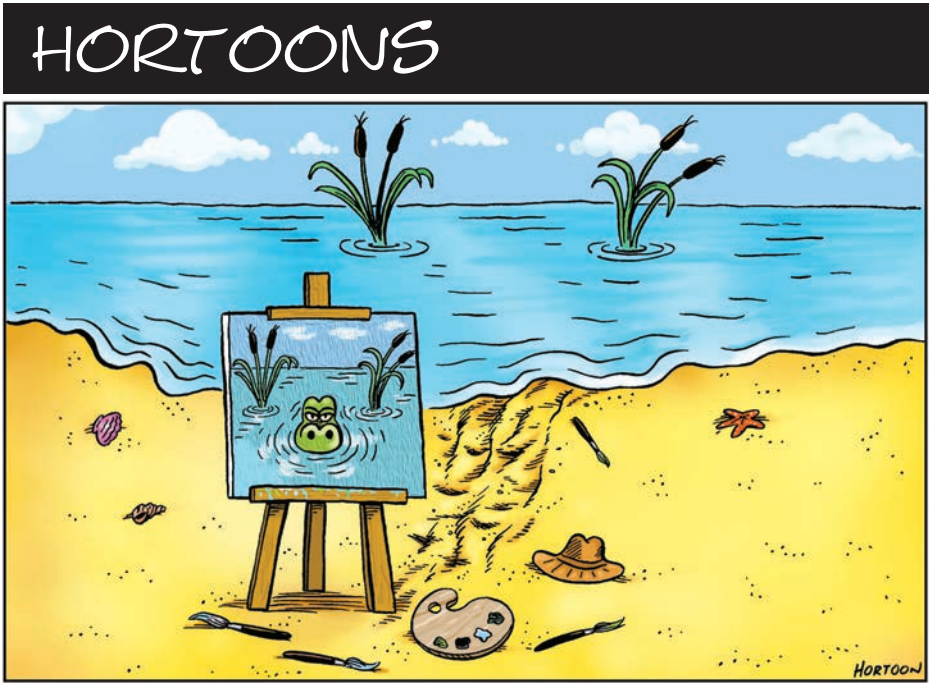
nest in the tree as high up as you can reach. If this is not possible, consider placing the nest in nearby bushes or even nailing it to the side of the tree in an area where the young will have some shade and shelter from the elements. If the nest itself is missing or damaged, an artificial nest may be created.”

The brochure also points out: “Leaving young animals where they belong in their nests, dens and natural environments will help CROW care for the many that truly need our help.”

Dr. Heather Barron, CROW’s hospital director, offered comments and compared statistics since the program’s inception four years ago.

“We feel the If You Care Leave It There program has been very successful since it was started in 2012,” she said. “The CROW patient demographics have gone from roughly 80 percent of the caseload being juveniles (many of which were abducted) to approximately 35 percent of the caseload being juveniles, most of whom are injured, ill or legitimately orphaned.”

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.



Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Sunset Captiva	Captiva	1979	2,140	\$950,000	\$925,000	147
Tarpon Estates	Cape Coral	2006	3,381	\$799,900	\$789,000	109
Cape Coral	Cape Coral	2006	3,523	\$774,900	\$739,000	277
Cape Coral	Cape Coral	1987	1,932	\$744,900	\$620,000	86
Cape Coral	Cape Coral	2005	2,546	\$699,000	\$670,000	81
Cape Coral	Cape Coral	1992	2,482	\$649,900	\$615,000	10
River Point	Fort Myers	2007	2,810	\$575,000	\$535,000	30
Country Club	Alva	2014	2,929	\$547,717	\$332,000	521
Paradise Woods	Bonita Springs	2016	2,192	\$459,000	\$459,000	14
Cape Coral	Cape Coral	1960	1,610	\$449,000	\$420,000	290

Courtesy of Royal Shell Real Estate

We're Open!

Join us at the brand new Doc Ford's Sanibel across the street from Bailey's Shopping Center! The same great food and service you love, relocated to a brand new building!



We look forward to seeing you!

239-472-8311 • 2500 ISLAND INN RD. SANIBEL FL, 33957 • WWW.DOCFORDS.COM